ENGLEWOOD

SUMMER 2021 | CITY MAGAZINE & RECREATION GUIDE



CITY OF ENGLEWOOD

COVID-19 VACCINATIONS

In partnership with Tri-County Health Department, the City of Englewood is holding a weekly vaccination clinic.



All community members can participate based on the state's current eligibility guidelines.

The clinic will be held

every Thursday through August at the **Malley Recreation Center.**

Currently, the vaccine will be two doses. At the first appointment, volunteers will assist in setting up a second appointment.

To register, visit:

englewoodco.gov/vaccine or call 303-762-2300 for assistance. Walk-ins welcome!







SUNSET CONCERT SERIES

Thursdays • 6 - 8 p.m.

CityCenter Amphitheater • 1000 Englewood Pkwy.

Enjoy live music as well as beer, food and business vendors.

| July 22 | Nothing But Nineties |
|-----------|---------------------------------|
| July 29 | Hazel Miller and The Collective |
| August 5 | The Walker Williams Band |
| August 12 | Raising Cain |

KIDSTAGE

Tuesdays • 6:30 p.m.

CityCenter Amphitheater • 1000 Englewood Pkwy

| July 6 | Salida Circus |
|---------|---------------------------|
| July 13 | Kalama Polynesian Dancers |
| July 20 | Ann Lincoln Magician |
| July 27 | Jenn Cleary Music |

INDEPENDENCE DAY CELEBRATION

Saturday, July 3

Cornerstone Park & Belleview Park

Join us in the parks for food trucks and fireworks. Food trucks open at 5 p.m. with fireworks starting after 9 p.m. Pirates Cove, Farm & Train and Colorado Journey miniature golf are open. Hours vary.

MICK MULLEN'S IRISH BAR PRESENTS **ENGLEWOOD'S 1ST RUGBY FESTIVAL**

Saturday, August 7 • 10 a.m. - 6 p.m.

Denny Miller Field • 3600 S. Elati St.

Exile Football Club, a non-profit, Citizens Rugby, a commercial league, and Citizens Sports are partnering with Pirate Youth Sports to bring rugby to Englewood. Enthusiasts and the entire community are invited to this event. Learn more about the game while celebrating the launch of a new, semiprofessional rugby team, the Exile Football Club. After the games, stick around to enjoy a crawfish boil from VooDoo Mullen's a partner of Cajun Kitchen, already a favorite at Mick Mullen's Irish Bar. Stay tuned for additional information!

ENGLEWOOD BLOCK PARTY

Your favorite party in the street returns Saturday, September 18

Food and business vendors can apply to participate in the event by visiting englewoodco.gov.

ENGLEWOOD MARKET

Stock up on fresh produce and hand-crafted delights at the new Englewood Market. Be on the lookout for more information coming soon!



mick mallen's

ENGLEWOODCO.GOV

Due to COVID-19, events or programs may be canceled or modified to adhere to local health requirements.















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LINDA OLSON MAYOR OF **ENGLEWOOD**



Englewood was named an All-America City Finalist by the National Civic League! We are amongst 20 finalists for the nationwide 2021 award, which is focused this year on cities that are building equity and resilience.

The National Civic League has been around for 125 years, focusing on inspiring, supporting and celebrating civic engagement. The League is known nationally for its leadership in strategic planning, conducting communitywide dialogues and coaching local leaders for stronger civic participation. Being recognized by this historic organization focused on strengthening civic participation and health is an award in itself.

Three community-driven projects were highlighted in our application. First was our Inclusive Police Reform that involved an extensive review of existing police and safetyrelated programs, use of force policies including discipline and alternate policing, solicitation of expert advice, community participation and final implementation of reform recommendations. Our second project highlighted the excellence in our economic vitality and support programs through COVID-19 challenges and beyond. Our third project focused on strengthening emergency preparedness and stormwater resiliency following the tragedy of our flood in July 2018.

What I appreciate most about our application was the recognition of where change needed to occur. This was not an application that pretended we were the best. Instead, it showed the grit and hard work of many in our community to recognize areas of weaknesses and even failures and the collaboration we have built to address those areas together. This is a real mark of the American resiliency and values so important to building a thriving civil society.

On June 7-9, we will participate with the other 19 finalists, including Dallas, Fort Lauderdale, Richmond, and our neighbor, Wheat Ridge, in a virtual conference. This will include presentations from residents, nonprofit leaders, business reps, government officials and our youth. Our presentations and workshop engagement will determine whether we are chosen among the final 10 recognized cities.

As the mayor and a professor of leadership and civic engagement, I could not be prouder of the work the City of Englewood, which includes you, has done to achieve this level of recognition. Let's continue the work of equity and resilience by staying engaged in solving problems and seizing opportunities to bring out the best in our community. To read more, go to: englewoodco.gov/our-city/all-america-city-finalist.

Linda Olson, Mayor, District 2 lolson@englewoodco.gov • 303-503-4020

Englewood COUNCIL



Mayor Linda Olson District 2 303-503-4020



Mayor Pro Tem Othoniel Sierra District 1 720-551-3301





Dave Cuesta District 4 303-881-2978



Rita Russell At Large 303-639-6181



Steven Ward At Large 303-900-8811

720-409-0876



DAVE CUESTA COUNCIL MEMBER. DISTRICT 4



The City of Englewood is currently in the process of gaining community input that will contribute to the rewrite of the Title 16/Unified Development Code (UDC). The UDC is a comprehensive document that serves as the primary regulatory source for both commercial and residential development within the city. The UDC includes regulations and

design standards that address zoning, land uses, building setbacks, building height, parking, landscaping, neighborhood character and other items.

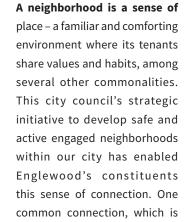
In my several years as a council member, the standards covered by the UDC have been one of the most common issues citizens raise with me. As growth and development continue rapidly in Englewood and throughout the metro area, these issues will likely become even more prominent. City staff held public outreach events in September, October and December 2020. Additionally, they have presented ongoing updates to the city council.

In April, city staff accepted applications for a citizen steering committee that was open for all to apply. Your perspective on the future of development within our community is critical. All insight into the UDC is welcome and appreciated. The more community voices that staff and council can hear from, the more successful this process will be.

Updated information can be found on the city's website in the community development section. In addition to speaking at future public outreach events, you can provide your thoughts to commdev@englewoodco.gov or call 303-762-2342. It has been over a decade since the UDC was last updated. After this current effort, it will likely be many years before another rewrite. Now is the time to have your voice heard. Thank you, neighbors.

Dave Cuesta, District 4 dcuesta@englewoodco.gov • 303-881-2978





present at the center of any great city, is the presence of informal and distinctive public gathering places. Not only do these places create the image of each city; they equally form the daily life of each citizen.

Today's Englewood offers citizens and visitors a gorgeous yoga studio, small, specialized gyms as well as larger national chain fitness centers. We offer indoor rock climbing, a golf center, a plethora of parks and nature trails for outdoor recreation, cool spots for video games and bowling, varied restaurant and brew options, dental support, a nationally-recognized medical center, knitting supplies and several options for consumption within the cannabis industry. In terms of residential Englewood, a dedicated neighborhood resources program provides citizens the opportunity to recognize and celebrate the history of your residence through several city-supported options to engage within neighborhoods.

Given the demands of population growth, our city is changing and developing into an even safer and actively engaged community with strong infrastructure and parks - a city that strives toward maintaining a sustainable natural environment while managing fiscal sustainability. As we do this, we maintain laser focus on the highly valued small-town feel of our Englewood. For this, I am proud to serve as a Council Member in Englewood. If you haven't yet done so, reach out to engage with your constituents through the many available options. Thank you for choosing Englewood for your home.

Cheryl Wink, Council Member at Large cwink@englewoodco.gov • 720-409-0876

The views expressed in the city council member columns are the views of the individual council members and do not necessarily represent the views of the City of Englewood or the city council as a whole.

ENGLEWOOD

CITY MAGAZINE &
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SUMMER 2021

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COVER DISCLAIMER: According to the the newest Centers for Disease Control and Prevention guidelines, Americans who are fully vaccinated against COVID-19 no longer need to wear a mask outdoors when in small gatherings.



GET TO KNOW YOUR COMMUNITY BETTER

Virtual and in-person opportunities available

After a long, cold winter, this summer is a good time to get outside, meet your neighbors and build connections within your community. The City of Englewood's Neighborhood Resources Program provides opportunities for residents to gather, and they even have an online platform where you can connect, share feedback and get involved virtually.

Get to Know Your Neighbor Grant

Residents are encouraged to apply for \$100, \$300 or \$500 grants to purchase supplies like food, materials or activities to enhance a neighborhood gathering focused on building community with neighbors. These gatherings may include block parties, ice cream socials, neighborhood parades or neighborhood clean ups.

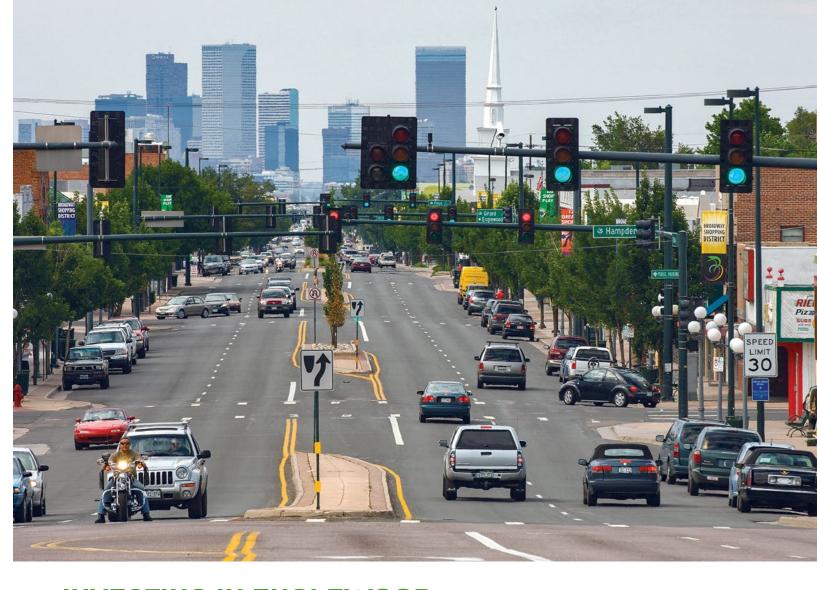
Apply for grant funding to enhance your next get-together at **englewoodco.gov/ neighborhoods**.

Englewood Engaged - Neighborhood Resources Page

The city's new online platform, Englewood Engaged, has a page dedicated to community resources and news that impact our neighbors. Read neighbor profiles, share your thoughts and ideas about what you want to see in your neighborhood, find instructions on how to organize your own neighborhood group and sign up to get involved.

Visit engaged.englewoodco.gov/neighborhood-resources-program to learn more.





INVESTING IN ENGLEWOOD

Surplus funds will be reinvested in infrastructure, transportation and the community

On April 19, Englewood City Council approved more than \$3 million in capital improvement projects, a way of reinvesting money from the unassigned fund balance back into the community.

The unassigned fund balance serves as a "rainy day" fund in case of unforeseen expenses that can't be planned for, like major economic disruptions, natural disasters, etc.

Englewood's unassigned fund balance has grown well beyond the 16.7% of total general fund revenue required by city council resolution. With that in mind, city staff recommends several infrastructure and transportation improvements as well as COVID-19 safety and recovery measures that will benefit the entire community and serve as an investment in the future of Englewood.

The list of recommendations from staff includes street and alley maintenance, improved crosswalks, streetscaping and sidewalk repairs. It also includes funding for the city's fleet fund (Capital Equipment Replacement Fund [CERF]) and a customer assistance program for utility billing customers.

Additionally, the funds will cover the cost to construct several elements from the Wayfinding and Placemaking Master Plan, including a new welcome sign and directional signage to help navigate pedestrians toward points of interest (see page 10 for more details).

A portion of the fund will go toward historic preservation projects, including signage and markers at historic sites, brochures, acquisition of sites and more. (You can read more about how Englewood is preserving and celebrating its history on page 20.)

"Thanks to the leadership of the city council and the work of staff, these dollars will be a big step forward in upgrading our infrastructure and enhancing the quality of life in our community," said City Manager Shawn Lewis.

PUBLIC ART IS A HORSE OF A DIFFERENT COLOR IN ENGLEWOOD

The Swedish Horse Corral Project to be installed downtown in early summer

The Swedish Horse Corral Project—a public art installation utilizing fiberglass horses and harnessing the talent of local artists—is on track for installation early this summer.

The project, funded by the Art in Public Places program, was open to all artists, from the acclaimed to the amateur. Of the nearly 60 submissions the Englewood Cultural Arts commission accepted, 10 were anonymously selected based on overall aesthetics and what the committee felt best represented Englewood.

The designs chosen range from nature-inspired to geometric, and even a few that directly incorporate elements of Englewood's history.



Selected artists had until May to complete the painting before the horses were sent off for a final protective coating. Residents and visitors are encouraged to look for the horses around downtown Englewood starting early this summer. They'll be installed along a walkable route that spans the downtown corridor, between Englewood Civic Center and Swedish Medical Center, for the next five years.

Correction: In the spring 2021 issue of the Englewood Citizen Magazine, an article about the Swedish horse project stated that former Englewood Mayor Olga Wolosyn would be painting one of the horses. However, Mayor Wolosyn passed away in 2007 and prior to her passing she painted one of the horses that will be on display as part of the art installation.

Neighborhood Rehab Project

TWO DAYS OF SERVICE

Saturday, June 19
Saturday, September 11

VOLUNTEER

Register to give back to your community and help address warmth, dryness and safety needs for homeowners in Englewood.

NEED HELP?

Nominate yourself or a neighbor to be the recipient of the program's support. Projects may include painting, yard maintenance, replacing windows and doors, fence repairs and more.

Learn more at beatool.org.

ENGLEWOOD GENERAL MUNICIPAL ELECTION

Important information for candidates

On November 2, voters will elect four city council members: one representative from District 2, one from District 4 and two At Large, as well as a municipal judge.

Englewood residents interested in running for Englewood City Council may pick up candidate information packets from the city clerk's office, 1000 Englewood Parkway, 3rd floor. Candidate information packets are also available on the city's website at englewoodco.gov.



For eligibility requirements, important dates and more information, contact the city clerk's office at cityclerk@englewoodco.gov or 303-762-2430.

COURT IMPROVES COMMUNITY REHABILITATION AND RESTORATIVE SERVICES

New Court Navigator and Restorative Justice programs announced

Court Navigator Program Details

The Court Navigator program's goal is to improve community and individual outcomes through increased voluntary cooperation. This helps clients achieve their goals, including their court obligations. The court navigator works privately with the client to define the barriers that have made success difficult and develop a plan to achieve personal responsibility. This includes partnering with existing local agencies to provide resources for rehabilitative services like mental health and substance abuse counseling, as well as other basic needs like housing, food and employment resources. This

program is an asset to the community by enhancing public trust in our local justice system, increasing public safety and saving money for taxpayers.

Questions? Contact Alessandra Storey at astorey@englewoodco. gov or 720-672-5196.

INFORMATION SESSIONS:

Thursday, May 20, 6–7:30 p.m.

Tuesday, June 1, 12–1:30 p.m.

Thursday, June 17, 6–7:30 p.m.

Tuesday, July 6, 12–1:30 p.m.

Thursday, July 15, 6–7:30 p.m.

Tuesday, August 3, 12–1:30 p.m.

Thursday, August 19, 6–7:30 p.m.

Restorative Justice Program Details

The Restorative Justice program is a victim-centered, community-based response to local crime or conflict which creates additional opportunities for accountability, repairing harm, restoring relationships and reintegration back into our community. This deferral program facilitates a conversation between the responsible party/offender, harmed party/victim and community, in order to create a binding agreement to repair the harm created by the offense. Join us for an upcoming information session to learn more about the Restorative Justice program and

volunteer opportunities by signing up on the court webpage at englewoodco.gov.

Questions? Contact Ames Stenson at astenson@englewoodco.gov or 303-242-7020.

STAY INFORMED, ENGLEWOOD!

New online tools to keep residents in the know

Earlier this year, the city launched a new website focused on providing an accessible and user-friendly experience for our residents. Now, we have added even more engaging ways for our residents to stay connected in Englewood. Learn more about these exciting new additions and how you can sign up for news right to your inbox at englewoodco.gov.

More Ways to Stay Connected

Launch of Englewood Engaged

Englewood Engaged is now available for people who live, work and play in Englewood, as well as property and business owners. The brand-new community engagement platform provides opportunities to follow projects and topics that locals find most interesting.

In addition, Englewood Engaged is an opportunity for the City of Englewood to understand, get to know and engage more with our community. Let your voice be heard by providing your honest feedback. Register at engaged.englewoodco.gov and

click "Register" to be added to our email list. We will also use the system to notify our residents of ongoing updates about new and upcoming projects.



Follow Englewood on TikTok

Learn more about Englewood in 60 seconds or less on TikTok. Let's have some fun and view Englewood's unique culture and hidden gems. Follow us at @cityofenglewoodcolorado.

Sign Up for City Emails

Our new email platform allows residents to sign up directly for city news as well as department and project updates. It also offers text notification messages. The platform is integrated with the city website and the Englewood Engaged platform to send breaking news and updates as they happen for those who sign up. Learn more at englewoodco.gov/signup.

NEW PLAN POINTS THE WAY TO A UNIFIED ENGLEWOOD



New wayfinding and placemaking guidelines help revitalize the city

Last year, Englewood began the process of creating a wayfinding and placemaking guide to inform the design, plan and timeline for new signage and directional tools throughout the city. The Wayfinding and Placemaking Master Plan, approved by city council this year, provides detailed recommendations, design guidelines, prioritization and a plan for implementation.

Quality wayfinding helps residents and visitors identify where they are and find what they're looking for while establishing a city brand. With a well-designed sign family, landmarks, pavement markings and landscaping, wayfinding in Englewood can enhance the overall experience and identity of the city, make information easy to spot and understand, and encourage exploration on foot and bike.

Placemaking is the process of designing high-quality spaces for people to live, work, learn and play. It can improve the quality of a neighborhood, district or the entire city through the integration and celebration of unique and special features, promoting social

gathering through public art, music, lighting, uniquely landscaped areas, special attractions and more.

The plan includes detailed design guidelines for all wayfinding and placemaking assets. Last year, in a coordinated effort between the wayfinding and placemaking task force, city council and resident input, the theme "wooded nook" (one definition of the word "Englewood") was chosen.

The theme is inspired by organic forms and colors, and it nods to Englewood's industrial tradition with the use of materials like steel and aluminum.

Residents and visitors can expect to start seeing replacement signage at various gateways around town later this year.

View the guide and learn more about the city's master plans for wayfinding and placemaking at englewoodco.gov.

englefix

Do you have a concern the city can solve? Submit your service request through englefix and track its progress through to a resolution.

- Report a pothole or abandoned vehicle
- Submit a code enforcement complaint
- Search our knowledge database for other service FAQs

VISIT:

englewoodco.gov/ our-city/request-for-service



REVITALIZING WHERE WE LIVE, WORK, SHOP AND PLAY



As a champion for Downtown Englewood, the Englewood Downtown Development Authority (EDDA) works to make downtown economically vibrant, connected, safe and green. This initiative is fueled by a new vision and long-term plan for Downtown Englewood.

Introducing the Board of Directors

After vetting and interviewing multiple candidates, seven finalists were approved by city council in April. We are thrilled to welcome the inaugural EDDA board of directors, together with a member of the city council.



Blake Calvert, Core Consultants Vice Chair Blake Calvert is president and CEO of a professional services firm serving land development, energy and public development sectors from an



Amy Gallegos, Eye Logic A doctor of optometry, Amy Gallegos owns an eye care clinic in Englewood.

office on South Broadway.



Othoniel Sierra, Mayor Pro Tem and City **Council Member**

A member of the city council since 2018, Othoniel Sierra has served as Englewood's mayor pro tem since 2019.



Hugo Weinberger, Situs Real Estate An Englewood resident and business owner for more than 20 years, Hugo Weinberger manages two office buildings.



Brad Nixon, Nixon's Coffee House & Share Good Foods

Treasurer Brad Nixon owns a CityCenter coffee house focused on building community by gathering people over coffee and food.



Diane Reinhard, Vice President Patient Care Services and Chief Nursing Officer at Craig Hospital

A 30+ year employee of Craig Hospital, Diane Reinhard is integral to improving the quality of life for those who have experienced a spinal cord and/or brain injury.



Erika Zierke, Englewood Grand Chair Erika Zierke is the owner of

Englewood Grand, a five-year-old neighborhood bar located on South Broadway.



Hilarie Portell, PortellWorks

As the Englewood Downtown Development Authority's Interim Executive Director, Hilarie Portell will work closely with the EDDA board and City of Englewood to implement the authority's initiatives in accordance with the Englewood Downtown Development Plan. She was a member of the Englewood Downtown Matters consultant team in 2020.

A New Energy

The Englewood Downtown Development Authority's logo features a loose interpretation of Downtown Englewood's CityCenter, South Broadway and Medical District. Each piece of the vibrant mosaic relates to the others, yet stands apart with a distinct personality all its own. Taken together, Downtown Englewood packs all the necessities and little luxuries of everyday living into a cohesive, lively and diverse small city.

A new section within the City of Englewood's website will be launched soon that details the EDDA's path to this point, plans moving forward and much more.

Watch for more from EDDA as they move forward in making Downtown Englewood economically vibrant, connected, safe and green. For more information about Englewood Downtown Development Authority, visit englewooddowntown.com.

11 10



your daughter told you she was leaving her successful career in private banking to make lollipops for a living, you probably wouldn't imagine that a short time later, she'd be earning enough income to offer you a full-time job alongside her.

But that's exactly what happened to Lizzette Trochez.

Lizzette's daughter, Andrea Jones, is the owner and founder of Englewood's Sweet Caroline Confections, a candy shop that creates specialty lollipops for weddings, events, parties and corporations, with notable high-end clients like Marc Jacobs and Chanel.

Andrea asked Lizzette to leave her job at the British Consulate and come on board in 2014 when it became clear that the company was really taking off. Andrea's brother, Stephen Jones, joined the team in 2018.

"It has been challenging but very special indeed," said Trochez. "Like any family, we have disagreements from time to time, but my daughter has shown me what a phenomenal leader she has grown up to be. I feel blessed to be able to see and work with my children every day."

When Andrea decided it was time to open Sweet Caroline Confections' first storefront (they were previously operating out of a commercial kitchen in Thornton), Englewood stood out as the perfect location.

"The City of Englewood has been incredibly supportive since day one!" Trochez said. "We had tons of questions when we found our space, such as grant opportunities and regulations about our industry, and everyone was very helpful. The city has also been very supportive during COVID, with grant assistance and resources."

Sweet Caroline Confections is just one of many family businesses thriving in the city, where residents and visitors love shopping local and getting to know the story behind the storefront.

"Multigenerational businesses are a testament to Englewood's tradition of hard-working entrepreneurs that have taken risks and built a legacy that can be carried forward into the future by the next generation of entrepreneurs," said Economic Development Manager Darren Hollingsworth.

When Annie Huston bought Birdsall & Co., a garden and outdoor decor store, she had every intention that it would be a family affair—her daughter, Morgan, and son, Owen, were on board to build the business from the beginning and continue the family's tradition of working together.

Since then, they've grown Birdsall & Co. into a destination home and garden store, selling everything needed to transform your indoor or outdoor space into a plant paradise.

"We are blessed to be able to intuitively and effortlessly work well together," said Huston. "We are literally obsessed with what we do. As a mother, I get to see my children blossom in their professional environment, and over time will just sit back and watch them continue to grow and improve Birdsall."

Behind the scenes, the Hustons create a family atmosphere for their entire team with staff lunches (that Annie often cooks), picnic celebrations and Saturday libations. Morgan is now a co-owner, helping pioneer the opening of a new store in Denver's RiNo District.

"Morgan's strengths complement mine, and while I bring the experience factor, she takes it to the next level with the skills and knowledge of the younger generation."

Other Family-Owned Businesses, an Englewood Tradition

4G'S MEXICAN RESTAURANT A Mexican restaurant owned and operated by Juan and Ophelia Gonzalez and their four children.



WATKINS STAINED GLASS STUDIO

Owned and operated by
Phil and Jane Watkins, this
stained-glass studio has been
in the Watkins family since 1868.

TED'S CLOTHIERS A high-quality men

Watkins

STAINED GLASS

Studio

A high-quality men's clothing shop owned and operated by an Englewood couple and their son.



SAM'S AUTOMOTIVE

Morgan, Annie and Owen Huston

Birdsall & Co.

A family-owned automotive reconditioning center serving the greater Denver metro area since 1946.





SMART WATER PLANNING PROTECTS ENGLEWOOD'S CRITICAL RESOURCE

Senior rights, strategic planning, and infrastructure improvements protect the city's water supply

Colorado law has a "first in time, first in right" rule regarding water, meaning that older water rights are given priority. Fortunately, Englewood's former leaders had the foresight to secure a strong water rights



dating to the 1860s. This portfolio has allowed the city to meet its growing demands long after the rights were acquired. The strength of Englewood's portfolio will become increasingly important as Colorado's population grows and as climate change threatens the availability of historic supplies.

Even with a strong water rights portfolio, increasing demands and changing conditions within the city and the Front Range means it is important that Englewood Utilities stay focused on protecting and building the city's water supply.

"Given the pressure on water rights in Colorado, it's become more and more important to focus attention on ensuring our water rights are protected, and that decades from now, we still have enough water to serve the people of Englewood," said Pieter Van Ry, Director of City of Englewood Utilities.

To protect the city's water rights and plan for the future, the city is currently working on a comprehensive Water Supply Master Plan. The focus of this effort is to evaluate Englewood's future water demands and identify the water rights and infrastructure necessary to meet

those demands. Englewood Utilities works closely with a water rights engineering firm and water law attorneys to ensure the community is prepared for any significant changes in policy or water rights administration that may impact Englewood.

Another way Englewood is working towards maximizing its water supply is by improving the performance and reliability of the current system. As part of the Flow It Forward initiative, the city is modernizing its water supply, treatment, and distribution infrastructure through a robust capital improvement program.

"Almost annually, we have a critical pump failure. When that happens, we lose the ability to maximize the storage of water," said Van Ry. "All of the updates and changes we're making are designed to improve the water output of the system and ensure that water makes it to our customers."

FIVE PERSONAL SAFETY TIPS FOR YOU

The Englewood Police Department is always here to serve you and assist in keeping our community safe. But, there are some simple things you can do, too, to protect yourself from becoming a victim.

First, trust your gut: if something doesn't feel right, chances are it's probably not.



KNOW YOUR SURROUNDINGS

Take a quick glance around and notice who or what is around you at all times, especially when walking alone. Make a mental note of distinguishing features or clothing descriptions of people around you.



SHARE YOUR LOCATION

Let friends and family know where you are and where you're going. Consider constantly sharing your location via cell phone with someone you trust.



BE READY

Don't fumble looking for keys or anything else while going to your car. Have your keys out and ready to go before you walk to your vehicle.



LOCK UP

Always lock your car doors, even if you're just leaving the car for a second – like when you're getting gas, going to a mailbox, etc., it only takes a split second for someone to hop in and steal your stuff.



CALL OR TEXT US

Call - or text - 911 in an emergency.

These are just a few of the top tips for maintaining personal safety, but it's also a good idea to consider taking a self-defense class to learn how to protect yourself better.

If you're ever in an emergency, immediately dial 911. If you have less urgent concerns, call the police department's nonemergency line at 303-761-7410.

9TH ANNUAL JEREMY BITNER FALLEN OFFICER RUN/WALK

Participate in person this year!

SATURDAY, JUNE 19 5K/10K Run & 5K Walk

Registration is now open for the 9th Annual Jeremy Bitner Fallen Officer Run/Walk. This year's event will take place in person on Saturday, June 19 at Cornerstone Park. The police department is working closely with Tri-County Health, South Suburban Parks and Recreation, the City of Englewood and USA Track & Field to implement a variance and multiple safety measures, which will allow us to hold a safe and

enjoyable event.

Register online at bitnermemorialfund.org. This annual event is in honor of Englewood Police Detective Jeremy Bitner, who lost his life in the line of duty on May 28, 2012, after being struck and killed by a vehicle while performing a traffic stop. Proceeds from this event provide financial assistance to families of fallen law enforcement officers in Colorado.

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ENGLEWOOD A FINALIST FOR THE 2021 ALL-AMERICA CITY AWARD

The national recognition celebrates innovative communities tackling complex challenges

The City of Englewood has been selected by the National Civic League as one of 20 finalists for the 2021 All-America City Award. The award, given to 10 communities each year since 1949, celebrates and recognizes villages, towns, cities, counties, tribes and regions that engage residents in innovative, inclusive and effective efforts to tackle critical challenges.

The finalists represent the diversity of American communities from the largest cities to the smallest towns. The finalists come from 15 states and range in size from 9,000 residents to more than 1.2 million. They share a common bond of working to build equitable and resilient communities.

President of the National Civic League Doug Linkhart said, "This year's finalist communities have managed the compounding difficulties of the past year, all while building equity and resilience. Their accomplishments are a testament to what can be achieved



when government, residents, businesses and other stakeholders collaborate."

Englewood's application highlighted the community's efforts to tackle three major challenges: inclusive police reform, economic vitality through COVID-19, and emergency preparedness and stormwater resilience following the 2018 flood.

A small group of residents, business representatives, government and nonprofit leaders will represent the City of Englewood at the final competition in June, which includes virtual workshops, presentations and roundtables. The representatives will be tasked with bringing the written application to life through a skit.

Previous award winners have benefited from the recognition in several ways, including an increase in tourism, business attraction and retention, community pride and collaboration.

RECYCLING MADE EASY

Recycling is most effective when nonrecyclable material doesn't get mixed in with items that can be recycled. Here's a quick refresher on what you can (and can't) add to your curbside recycling bin:

- ✓ Bottles made of glass
- ✓ Cans: either aluminum or steel *Do not crush
- ✓ Paper
 - *Do not shred ✓ Cardboard *Flattened out
- ✓ Plastics made into bottles, tubs, jugs and jars *Remove debris

- ✗ Plastic bags X Lithium batteries **X** Hoses
 - **X** Christmas
 - lights **X** Headphones
- **X** Toys
 - **X** Hypodermic

Other Recycling Resources

- · Steel can be recycled at a scrap metal recycler
- Electronics need to be recycled by electronic recyclers
- Spring Back Colorado will take old mattresses

For more information about recycling and the city's sustainability efforts, visit englewoodco.gov/our-city/environmental-resources.

EMERALD ASH BORER FOUND NEAR DENVER

What should you do to protect your ash tree?

Have you heard? The emerald ash borer (EAB) has been spotted in Denver's northern



So, what can you do? First, identify if you have an ash tree with the help of the free apps LeafSnap or PlantSnap. Second, if you have an ash tree, decide if you want to either treat it or replace it. It is generally less expensive to treat trees than to remove and replace them, and all untreated ash trees will die when infested with EAB.

Learn more about the EAB at englewoodco.gov/eab.



NATHAN HOAG PRACTICES WHAT HE PREACHES

Englewood police chaplain and local pastor is this year's Citizen of the Year

The City of Englewood has named Sacred Grace Church pastor and Englewood Police Chaplain Nathan Hoag as the community's 2021 Citizen of the Year.

Recipients of the award exemplify outstanding volunteer or philanthropic dedication to the Englewood community, and that is evident in the many ways Hoag has donated his time to helping others.

Erika Zierke, owner of the Englewood Grand, nominated Hoag because he "practices what he preaches," including supporting neighbors experiencing homelessness, fostering children, organizing the Englewood Christmas Store and serving as an advisory board member for Cafe 180.

A particular instance of Nathan's service that struck Zierke as deserving of this award is his participation in "Thankful Thursdays," an initiative started by the Englewood Grand.

"Every week, we provide stationary and stamps and invite people to come in and write thank you letters to someone deserving," said Zierke. "Nathan took up the mantle for this and gathers people monthly to write notes to people who are making a difference in our city."

Hoag will be recognized by city council later this summer.

MEET PARK RANGER ALYSSA HADEN

Englewood's newest ranger shares the community's love for animals and the outdoors

Englewood's newest park ranger, Alyssa Haden, is a veteran animal law enforcement officer. Alyssa is a certified interpretive guide and a Texas Tech graduate with a passion for all things outdoors. She is a strong advocate for animal welfare, wildlife and environmental conservation.

Englewood's parks are an important resource for the community and its citizens. With an increase in use by residents and neighboring communities, this new park ranger role was created to help mitigate conflict and spread awareness of park rules. The purpose of park regulations is to ensure parks continue to be a place where all people can enjoy themselves responsibly. Alyssa is here to help support that goal with education and enforcement.

Alyssa's personal goal is to meld her experience in animal law enforcement, park ranger technology and as an interpretive guide into a cohesive position that focuses on education. She hopes to introduce new programs such as walks with the ranger, scavenger hunts in nature, geocaching and a junior ranger program soon.



MALLEY RECREATION CENTER COLLABORATES WITH VOLUNTEERS OF AMERICA LUNCH PROGRAM

Welcome to another year with the Volunteers of America Lunch Program!

The mission of the Lunch Program is to ensure that no older adult goes hungry, while helping them live a healthier life with a freshly prepared meal. Due to COVID-19 restrictions, the lunch program has been modified to offer prepackaged, grab-and-go meals. Don't worry, meals are still served hot and accompanied by milk and utensils.

In collaboration with Volunteers of America, the Malley Recreation Center has served the lunch program for more than 40 years. This voluntary donation-based program also receives grants to ensure no one is denied service because of their inability to pay for a meal.

Diners at the Malley Recreation Center not only receive a hot, nutritious meal, but, when it's safe to be in larger groups, it's an opportunity to socialize, enjoy live entertainment and celebrate holidays together. It's a rewarding experience for everyone involved.



Volunteers interested in being part of this amazing opportunity can sign up at **englewoodco.gov**. Older adults interested in participating in the Volunteers of America Lunch Program can learn more by calling 303-762-2660 or visiting **englewoodco.gov**. Daily menus are also available online.

JASON PARK: A NEW DESIGN IN THE WORKS

New park amenities are planned for Jason Park later this year.

In 2019, the park's playground was fully upgraded thanks to the help and support of a grant awarded in 2018. Now a concept is in the works for completing improvements to the park. These upgrades include a new pavilion, an ADA-compliant restroom, a new reinforced concrete basketball court, several new amenities and a new pathway and landscape surrounding these areas.

The current facilities are more than forty years old and beginning to show their age. Because of the difficulty in finding the needed parts and materials to repair these facilities, the City of Englewood has prioritized replacing them with newer and better structures.

Additional amenities include five square picnic tables – four of which will be ADA-accessible – one park bench, two BBQ grills and three trash cans. Within the pavilion will be five electrical outlets, five tables, two BBQ grills and a reservation board. The new layout and access to the pavilion, restroom and basketball court will meet all current safety requirements, ADA accessibility needs and user needs – a vast improvement to the present and outdated layout.

A consultant hired by the city has already completed the new design, and the project is ready for construction. The City of Englewood has requested an Arapahoe County Open Space grant for \$350,000. The city will be notified in mid-to-late July if the request is successful.



A SNEAK PEEK AT MOA'S ARTISTS IN RESIDENCE PROGRAM

Museum of Outdoor Arts (MOA) is excited to announce that it will be hosting several talented artists for its upgraded Artists in Residence program this year. During the summer of 2021, these artists will be busy at work in several converted indoor spaces in the museum in preparation for the upcoming exhibition this fall. Their workspaces will be converted back into gallery spaces as they unveil their artworks at the exhibition, which opens on September 24. The museum gallery is located inside the Englewood Civic Center.

Get to know each of the artists from the program: Scottie Burgess

Burgess is a native Coloradan with dual MFAs in Design and Sculpture/Transmedia. One of his focused themes is sustainability and his materials are often upcycled and thoughtfully repurposed.

Annette Isham

Isham is an artist and professor currently living in Denver, Colorado.

Isham was born in the Dominican Republic, grew up in Colorado,

Scottie Burgess

and has exhibited nationally. Her work explores the dynamics of gender, race and geography.

Jodi Stuart

Stuart is a native of New Zealand and has exhibited her art there as well as in California, Colorado, Michigan, Maryland, Texas and Washington. Her work explores tactile and sensory concepts in relation to high-tech culture.

WAVEFORM.exp

WAVEFORM.exp is the collaborative efforts of artists Sam Moritz and Pat Higgins. Their focus is original digital content, 3D projection mapping and interactive installations; they joined forces to "bring to life a shared vision" through their work during the pandemic.





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COMING IN 2022: A PEDESTRIAN BRIDGE FOR OXFORD AVENUE

A new pedestrian bridge project in Englewood is underway, with construction is expected to begin in the spring of 2022.

The Oxford Pedestrian Bridge will improve bicycle and pedestrian access across Oxford Avenue between Santa Fe Drive and Navajo Street/Windermere Street. This project is designed to accomplish several goals.

First, it will provide a safer route for the growing number of pedestrians and bicyclists crossing Oxford Avenue. It will also increase the amount of green signal time for vehicles at the intersection, improving traffic flow. In addition to this, the bridge will serve as a crucial part of both the Englewood Walk and Wheel Plan and Englewood Light Rail Corridor Plan.

An initial benefit of the bridge will be the chance to bypass having to cross six vehicle lanes of traffic on Oxford Avenue. In the future, it will also enable more cyclists and pedestrians to continue on a path along the Rail Trail away from vehicle traffic and ultimately encourage and enable more commuters to take advantage of the light rail while enjoying a safer and more attractive route to work.

The city has a dynamic team of designers with extensive experience on projects similar in both scope and complexity. Together they will work to create a design that is creative, unique and efficient. The project budget is \$2 million, with 80% funded by federal dollars and 20% provided by the city.

ROOT TO RISE: PRESERVING ENGLEWOOD'S RICH HISTORY FOR GENERATIONS TO COME

Unlike most suburbs, which tend to be made up of newer developments, Englewood is one of the oldest cities on the Front Range – founded in 1875. As the area continues to grow and attract new people, businesses and development, it's more important than ever to preserve and celebrate the city's rich history.

"We have lots of historic buildings and sites that attract and engage residents and visitors," said City Manager Shawn Lewis. "Having a historic downtown can be the heart and soul of the community. It's a reflection of who we are and where we've come from."

The Historic Preservation Commission (HPC) was formed in the summer of 2017. The commission is responsible for advising city council on issues relating to history and the recommendation of local historic preservation programs and ideas, including the encouragement of voluntary designation

of historic structures within the city. It works closely with the Englewood Historic Preservation Society, a nonprofit organization.

According to Mathew Crabtree, the president of the Englewood Historic Preservation Society, the preservation of historic buildings comes with economic and environmental benefits.

Crabtree said, "If we revitalize these structures, we have the opportunity to preserve a special part of the character in our city and what has historically made Englewood such a great place to live."

The city has worked alongside the Englewood Historic Preservation Society on several projects, including the *Moments in Englewood History* video series, which explores historical events that impact the city today. The videos incorporate real photos and stories from residents and are published on the city's social media platforms.







ID CARD

RECREATION FACILITIES

All program and center participants are required to obtain an ID Card for access. (No card needed for spectators or rental guests.)

Resident ID Cards

\$3 – valid 3 years from date of purchase. Englewood residents must obtain a Resident ID card for each member of the family who wishes to receive the discounted Resident Fee rate. A valid photo ID with current address or documentation verifying current Englewood address (vehicle registration, utility bill or phone bill, etc.) must be provided. Create a household account to register online.

Non-Resident ID Cards

Non-residents will receive their first ID Card for free.

Gymnasium

Full-size gym for basketball, volleyball and other court activities.

Fitness Amenities

Cardiovascular rooms including ellipticals, stationary cycles and treadmills. Comprehensive weight rooms including free weights and weight-bearing machines.

Facility Rentals

Our Recreation Centers and Community Parks offer individual and group rentals (classrooms, pools, gym, multipurpose rooms, kitchen and park shelters) to host your next meeting, gathering or celebration. Please visit **englewoodco.gov** for current rental information.

Locker Rooms

Showers and lockers available to all paid guests; bring your own lock and towel

Corporate Rates

Englewood business owners, officers and directors of a corporation located within the legal city limits are eligible to apply for significantly discounted Corporate Rates. Please contact 303-762-2680 or recreation@englewoodco.gov.

Individuals with Disabilities Program

The City of Englewood strives to mainstream individuals with disabilities into our recreation programs. Qualified individuals with disabilities are provided with reasonable accommodation to receive equal opportunity of inclusion. For additional information, contact 303-762-2680 or recreation@englewoodco.gov.

Financial Assistance for Englewood Residents

Please contact 303-762-2680 or recreation@englewoodco.gov.

Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers honor Wellness Insurance Programs, including Silver Sneakers and Renew Active. Please check with your insurance provider to determine which program they are offering so you can participate in fitness, swim classes and other activities for free. These programs can be purchased through Medicare Advantage or a Medicare Supplement plan (Medigap). Contact your health insurance provider for eligibility.







HOW TO REGISTER



ONLINE: Submit registrations anytime at **englewoodrec.org.**Payments must be made with Visa, MasterCard, Discover Card or American Express.



WALK-IN: Registrations are accepted at the Englewood Recreation Center or Malley Recreation Center during regular business hours.



PHONE: Call 303-762-2680 or 303-762-2660 during regular business hours.

Policies and Enrollment

All registrations are processed in the order they are received. At the beginning of each registration period, Englewood Resident ID cardholders are given priority and are able to enroll two days before non-residents. During this period, non-resident registrations are accepted and prioritized by date/time. After this process, all registrations are handled on a first-come, first-served basis. All checks are payable to the City of Englewood. Checks are accepted for payment, provided they are for the amount of purchase only, local (Colorado), preprinted with customer's name and address, and have a valid Colorado Driver License or Colorado ID card number on them. A \$25 service charge will be assessed on any returned check.

ENGLEWOOD RECREATION CENTER

Fun for all ages • 303-762-2680 • 1155 W. Oxford Avenue

The Englewood Recreation Center, a full-service community facility, offers activities for all ages. Currently, the center offers an indoor track, 25-meter eight-lane pool, The ZONE functional training center, four racquetball/wallyball courts, gymnasium, cardiovascular and weight training rooms.

Hours of Operation M-Th: 6:00 AM - 9:00 PM

F: 6:00 AM – 9:00 PM
Sa & Su: 8:00 AM – 5:00 PM
POOL CLOSES 30 MIN
BEFORE CENTER

Center Closures:

Monday, 5/31 – Memorial Day Sunday, 7/4 – Independence Day

Center Admission

Corporate Rates

Admission includes use of fitness amenities (pool, weight rooms, cardio, ZONE functional training room, running track (6.5 laps = 1 mile),

| gymnasium and racquetball/walleyball/handball courts). | | | | |
|---|--|---------------------------------|---------------------------------|---------------------------------|
| RESERVATIONS MAY BE REQUIRED | GENERAL: | 3 – 54 Years | ACTIVE ADULT: 55 – 82 Years | |
| Туре | Non-Resident | Resident | Non-Resident | Resident |
| Daily Admission (Recreation ID required) | \$6.00 | \$4.75 | \$5.50 | \$4.00 |
| 25-Visit Pass | \$105.00 (CPV \$4.20) | \$84.00 (CPV \$3.36) | \$80.00 (CPV \$3.20) | \$64.00 (CPV \$2.56) |
| Fitness Drop-In Class | \$10.00 | \$8.00 | \$10.00 | \$8.00 |
| Annual Pass Active adults ages 55–82 can enjoy use of both Recreation Centers with this pass for drop-in use. | \$390.00 (\$32.50/mo) | \$312.00 (\$26.00/mo) | \$356.00 (\$29.67/mo) | \$225.00 (\$18.75/mo) |
| Premier Annual Pass* Upgrade your ERC annual pass to include eligible group fitness classes, one personal training session and four guest passes. (See pages 47 through 51 for eligible fitness classes.) | \$465.00 (\$38.75/mo) | \$387.00 (\$32.25/mo) | \$430.00 (\$35.83/mo) | \$300.00 (\$25.00/mo) |
| Platinum Pass (83+) Ages 83 and up are free to enjoy drop-in use of the Englewood and Malley Recreation Centers. | - | - | FREE | FREE |
| Racquetball/Walleyball/Handball Recognized User Groups see Center Supervisor for rates. | Courts are reser Reservations seven days | • | Fee included in co | enter admission. |

^{*}All Annual passes are eligible for monthly auto-debit program. Annual & Platinum Active Adult pass good for both ERC and Malley Recreation Centers.

| RECREATION STAFF | | |
|----------------------------------|--|---|
| Recreation Managers | Brad Anderson – Aquatics Allison Boyd – Facility/Programs | banderson@englewoodco.gov aboyd@englewoodco.gov |
| Englewood Recreation Center | Sara Stant Joyce Musgrove Kathy Wallace – Aquatics | sstant@englewoodco.gov jmusgrove@englewoodco.gov kwallace@englewoodco.gov |
| Malley Recreation Center | Cheryl Adamson Shelly Fritz-Pelle | cadamson@englewoodco.gov sfritz@englewoodco.gov |
| Open Space Activities Supervisor | Lindsay Peterson | lpeterson@englewoodco.gov |



The ZONE

Check out this functional training system that will elevate your workout. Multiple exercise stations can be customized to meet your level of training. Stations include squat rack, renegade station, high-low pulleys, heavy bag, monkey bars, traversing walls, rebounder, jump platform and dozens of attachment points for straps. Tetro Performance offers a variety of fitness classes using The ZONE room. Register online at **tetroperformance.com** and check out page 45 for current classes.

Call for Pricing; Pricing based on Residency and number of visits purchased.

MALLEY RECREATION CENTER — Where Fun Never Gets Old! For ages 55 and better • 303-762-2660 • 3380 S. Lincoln Street

The Malley Recreation Center and programs promote healthy lifestyle and social activity. Enriching programs including fitness, outdoor adventures, education, excursions, extended travel, special events, VOA lunch, drop-in activities, arts and crafts, and more. Home to the highest quality Pilates Reformer machines.

Hours of Operation

F 8:00 am – 5:00 pm 9:00 am – noon

NTER CLOSURE

Monday, 5/31 – Memorial Day Sunday, 7/4 – Independence Day

Participants 55 years of age and older receive class/program registration priority; adults 18 years and older may register for classes/programs based on availability. The Malley Fitness area and computer access are not available for those under age 55. All classes and special events are available to all ages.

Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers honor Wellness Insurance Programs including SilverSneakers and Renew Active. See page 22 for more information.

Volunteers of America (VOA) Nutrition Program – Pre-Packaged To-Go Lunch

The Malley Recreation Center and Volunteers of America have teamed up to provide a lunch Monday through Friday from 11:30 AM-12:30 PM. Lunch is available for pickup in the lobby either to-go or for dine-in at the Ballroom from 12-12:30 PM. Mask, social distancing and reservations for dine-in are required.

Reservations must be made two days in advance by calling 303-762-2660. For Monday and Tuesday of the following week, please make reservations by noon on Thursday. Monthly menus are available at **englewoodco.gov** or at the Malley Recreation Center Front Desk. For those who are able to make a donation, the suggested amount is \$2.50 for ages 60+. For guests under 60, the recommended amount is \$8.50.

Visiting Nurse Association

Provides quality, affordable health care including foot care, blood pressure checks and monitoring of chronic conditions. Appointment only. Call 303-698-6496.

Social Pass

This pass allows 12 months of access to all the Malley Recreation programs that do not include a class number. Activities with this pass include fitness center, game room, computers, bridge, bunco, billiards, lobby access, table tennis, pickleball and drop-in gym.

| | ACTIVE ADULT | T: 55 – 82 Years |
|------------------------------|------------------------------|------------------------------|
| Туре | Resident | Non-Resident |
| Social Pass | \$48.00 | \$60.00 |
| Annual Pass (Multi-Facility) | \$225.00 (\$18.75/mo) | \$356.00 (\$29.67/mo) |
| Premier Annual Pass | \$300.00 (\$25.00/mo) | \$430.00 (\$35.83/mo) |
| Platinum Pass (83+) | FREE | FREE |
| Platinum Pass (83+) | FREE | FREE |



Pickleball

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Pickleball is a low-impact, active game combining elements of badminton, tennis and table tennis. Players use paddles and a plastic ball in a court with a low net. It's easy to learn this quick, fast-paced, competitive game. Equipment is available. Annual or daily pass required. Due to COVID-19 guidelines, hours of operation are subject to change. For hours of operation, call 303-762-2660 or visit **englewoodrec.org**.

| D | DROP-IN PICKLEBALL SCHEDULE | | | | Reservatio | Reservations are required. Courts are subject to availability. | | | |
|-------|-----------------------------|--------|--------------------|-------------|--------------------|--|--------------------|----|--|
| | Level | Su | М | Tu | W | Th | F | Sa | |
| MRC | Beg./Int. | _ | 11:30 АМ – 1:30 РМ | _ | 11:30 АМ – 1:30 РМ | _ | _ | _ | |
| Ξ | Adv. | _ | _ | _ | _ | _ | 11:30 АМ – 1:30 РМ | _ | |
| ERC | Beg./Int. | _ | - | _ | - | - | 3 – 5 РМ | _ | |
| CFHSC | Beg./Int. | _ | _ | 1 – 5 PM | _ | 1-5 PM | NOON - 4:30 PM | _ | |
| 臣 | Adv. | 1-5 PM | <u> </u> | 8 am – noon | _ | 8 am – noon | _ | _ | |

 $\mathsf{MRC} = \mathsf{Malley} \ \mathsf{Recreation} \ \mathsf{Center}, \mathsf{ERC} = \mathsf{Englewood} \ \mathsf{Recreation} \ \mathsf{Center}, \mathsf{CFHSC} = \mathsf{Colorado's} \ \mathsf{Finest} \ \mathsf{High} \ \mathsf{School} \ \mathsf{of} \ \mathsf{Choice}$

MALLEY RECREATION CENTER SOCIAL PASS

| SELF-LED PROGRAMS — REQUIRES SOCIAL PASS | | | | | | | |
|---|-----------|------------|------|-----------------|----------|------|------|
| Class | Activity# | Dates | Days | Time | Location | Fee | Res |
| Bunka Embroidery Bunka embroidery is sometimes called Japanese thread painting and the finished picture frequently resembles an oil painting. | 31751611 | 6/5 - 8/28 | Sa | 9:00 am – noon | MRC | \$16 | \$13 |
| BYOC Crafters Group Do you start projects and have difficulty finishing them? If you answered "yes," then this is the group for you! Bring your supplies and join others who love to craft too! Large tables and sewing machines are provided. | 31760611 | 6/7 – 8/30 | М | 1:00 – 3:00 РМ | MRC | \$16 | \$13 |
| Drop-in Woodcarving For carvers with some experience. A carving glove and thumb guard are required. | 31762512 | 6/4 - 8/27 | F | 9:30 - 11:30 AM | MRC | \$16 | \$13 |

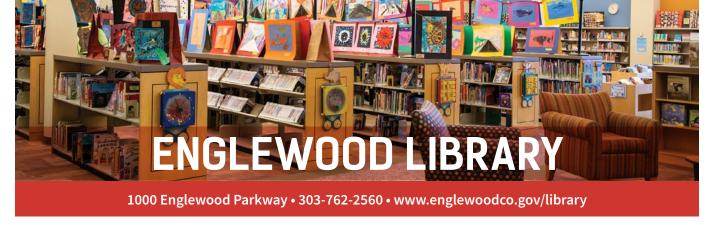
| DROP-IN PROGRAMS — REQUIRES SOCIAL PASS AND RESERVATIONS | | | | | |
|---|---------------------|------|------------------|-------------|--|
| Class | Dates | Days | Time | Fee | |
| Bridge Group Enjoy duplicate bridge and bring a partner. | TBD | Tu | 12:30 – 4:00 РМ | SOCIAL PASS | |
| Table Tennis The sport can be played as single or doubles. Great for beginners and more advanced levels. | 6/1 - 8/31 | Tu | 12:30 – 4:30 РМ | SOCIAL PASS | |
| Retirement Support Group Gather with other retirees and share thoughts and stories about retirement topics such as friendship, loss, leisure, purpose and much, much more. | 6/2 – 8/25 | w | 10:30 – 11:30 ам | SOCIAL PASS | |
| MovieTime Join us the second Friday of the month to watch a free movie on the big screen. Popcorn available for 25 cents. Watch for monthly flyers or call 303-762-2660 the week of the movie. | 6/11 7/9 8/13 | F | 1:00 рм | SOCIAL PASS | |

To verify if drop-in programs are happening, please call 303-762-2660 or visit englewoodrec.org.

Look for information on Excursions and Hikes to start up again in July by checking out the website after June 14!



MALLEY RECREATION CENTER



ADULT PROGRAMMING

Book Clubs

The library continues to hold meetings once a month for three book clubs throughout the pandemic. We are always excited to add new members.

Books@the Bar! meets on the third Monday of the month. Each month we get together at different locations to sample food and beverages from wonderful restaurants throughout the City of Englewood. Please contact the library to get a copy of the list of titles and locations.

Location: Varies

Novels@Night meets on the second Thursday of the month at 6:00 PM.

Location: Anderson Room

Sack Lunch Sagas meets on the fourth Wednesday of the month at 12:30 PM. Bring a sack lunch and let's talk about books! *Location: Anderson Room*

Intro to Nonviolent Communication

Saturday, June 5, 1:00 - 3:00 PM

Saturday, August 21, 1:00 - 3:00 PM

In partnership with the Rocky Mountain Compassionate Communication Network, the library is offering this introductory class on Non-Violent Communication (NVC) based on the work of Marshall Rosenberg. NVC is grounded in compassion and common human needs and helps transform patterns that often lead to conflict or disconnection from ourselves and others. Please join us for this free class and discover the many ways it can transform your life. For adults and teens. Please visit our website for registration information.

Location: Combination of in-person/Zoom

Lively Tours: Rocky's West Side Story

Saturday, June 26, 2:00 PM

Do you ever wish you had lived in the pioneer days? If you did, you would have needed the inspiration and courage to cross Ute trails over the mountains to camp on the side of Colorado's largest lake, live in a cave on the side of a mountain while digging a ditch to divert water out of the Grand River and see the Arapahoe men on horseback wandering through what would become Rocky Mountain National Park. Join us as David Lively, from Lively Tours, takes us on a journey to the distant past. Location: Combination of in-person/Zoom

Memory Café

Second Monday of the month, 2:00 PM

The Memory Café is a fun place for people experiencing memory loss and their caregivers to socialize, relax and engage. Each cafe has an activity to facilitate our main goal: social connection for individuals with shared experiences. You can just be yourself without worrying about remembering or forgetting. For adults, no registration required. Please contact Michelle at 303-762-2560 for more information.

June – Maintaining Independence as We Age July – Boulder Museum of Contemporary Art August – Button Trees Activity Location: Combination of in-person/Zoom

Sad You Can't Go to the Movies?

Second Thursday of the month, 1:00 PM

 ${\it Please join us for our Classic Movie Series featuring:}$

The Little Princess - May 13

Impact – June 10

Location: The comfort of your favorite chair or couch via the Library's Facebook page.

Trivia Night

Third Friday of the month, 6:00 -7:30 PM

Join us for Trivia Night! Upcoming topics are Disney/Superhero, Nerd Trivia (think HP, LOR, & GOT), and 70s/80s trivia. Prizes will be awarded to winners. We will use Kahoot, so make sure to download the app or go to our webpage beforehand. Once we have everyone in the meeting, we will give out the passcode to the game. See you there! Location: Held virtually until further notice https://englewoodco.zoom.us/j/93021426931

Please visit our website to grab all the details on our regularly scheduled programs and services.

- Books @the Bar!
- Citizenship Tutoring
- Creative Writing Group
- English Language Tutoring
- French Conversation Circle
- Life, the Universe & Everything
- Novels@Night
- Sack Lunch Sagas
- Sit-n-Knit
- Your Next Read!

Memory Café

CHILDREN'S PROGRAMMING

ALL AGES PROGRAMMING

Tuesday Virtual Events

Join us live on Facebook for a virtual train ride through animal habitats around the world. Take-and-Make Kits will be available prior to the program.

| 6/1 | Tu | 2:00 PM | Polar |
|------|----|---------|-------------|
| 6/8 | Tu | 2:00 PM | Grassland |
| 6/15 | Tu | 2:00 PM | Pets |
| 6/22 | Tu | 2:00 PM | Desert |
| 6/29 | Tu | 2:00 PM | Wetlands |
| 7/6 | Tu | 2:00 PM | Farm |
| 7/13 | Tu | 2:00 РМ | Underground |
| 7/20 | Tu | 2:00 PM | Rainforest |
| 7/27 | Tu | 2:00 РМ | Marine |
| 8/3 | Tu | 2:00 PM | Forest |
| | | | |

Wednesday In-Person Performer Events

Join us in the Community Room for live performers. Registration is required. Masks are required. Please bring a blanket to help with social distancing.

| 6/2 | W | 2:00 PM | Mark Hellerstein, Puppeteer |
|------|---|---------|-----------------------------|
| 6/9 | W | 2:00 рм | Wick School of Irish Dance |
| 6/16 | W | 2:00 рм | Live Animals – Talon Talk |
| 6/23 | W | 2:00 рм | Live Animals – Habitats and |
| | | | Adaptations |
| 6/30 | W | 2:00 PM | Denise Gard, Storyteller |
| | | | (with dogs) |

Thursday In-Person Events

Join us in the Community Room for fun, interactive family events. There will be two time slots to allow as many families as possible to participate while still maintaining required capacity limits. Registration is required. Masks are required.

| 6/3 | Th | 2:00 РМ | Working Dogs |
|------|----|---------|-------------------------|
| 6/10 | Th | 2:00 РМ | Animal Crafts |
| 6/17 | Th | 2:00 рм | Stuffy Summer Camp |
| 6/24 | Th | 2:00 рм | Importance of Bees |
| 7/1 | Th | 2:00 рм | Prehistoric Science |
| 7/8 | Th | 2:00 рм | Whodunnit |
| 7/15 | Th | 2:00 рм | Foam/Bubble Party |
| 7/22 | Th | 2:00 рм | Summer Crafts |
| 7/29 | Th | 2:00 рм | Animal Science |
| 8/5 | Th | 2:00 PM | Zookeeper Training Camp |

Kidstage

Join us outside in the Piazza for live performers.

| 1/6 | Tu | 0.30 PM | Saliua Circus |
|------|----|---------|---------------------------|
| 7/13 | Tu | 6:30 рм | Kalama Polynesian Dancers |
| 7/20 | Tu | 6:30 PM | Ann Lincoln, Magician |
| 7/27 | Tu | 6:30 рм | Jenn Cleary Music |
| 7/27 | Tu | 6:30 рм | Jenn Cleary Music |

STORYTIME PROGRAMMING

Virtual Storytime

Join us every Monday and Thursday at 10:30 AM via Facebook Live.

| М | 6/7, 6/14, 6/21, 6/28 | 10:30 ам |
|----|----------------------------|----------|
| Th | 6/3, 6/10, 6/17, 6/24 | 10:30 AM |
| М | 7/5, 7/12, 7/19, 7/26 | 10:30 AM |
| Th | 7/1, 7/8, 7/15, 7/22, 7/29 | 10:30 AM |
| М | 8/2, 8/9, 8/16, 8/23, 8/30 | 10:30 AM |
| Th | 8/6, 8/12, 8/19, 8/26 | 10:30 AM |
| | | |

In-Person Storytime

Join us every Tuesday In the Community Room at 10:30 AM or 11:30 AM. Registration is required. Masks are required. Please bring a blanket to help with social distancing.

| Tu | 6/1, 6/8, 6/15, 6/22, 6/29 | 10:30 AM & 11:30 AM |
|----|-----------------------------|---------------------|
| Tu | 7/6, 7/13, 7/20, 7/27 | 10:30 AM & 11:30 AM |
| Tu | 8/3, 8/10, 8/17, 8/24, 8/31 | 10:30 AM & 11:30 AM |

Virtual Pajama Storytime

Join us every Wednesday at 7:00 рм via Facebook Live.

| W | 6/2, 6/9, 6/16, 6/23, 6/30 | 7:00 рм |
|---|----------------------------|---------|
| W | 7/7, 7/14, 7/21, 7/28 | 7:00 рм |
| W | 8/4, 8/11, 8/18, 8/25 | 7:00 рм |

Storytime in the Park

Join us every Friday for storytime in a local park at 9:30 AM or 10:30 AM. Park locations will be announced weekly. Registration is required. Masks are required. Please bring a blanket to help with social distancing.

| F | 6/4, 6/11, 6/18, 6/25 | 9:30 AM & 10:30 AM |
|---|----------------------------|--------------------|
| F | 7/2, 7/9, 7/16, 7/23, 7/30 | 9:30 AM & 10:30 AM |
| F | 8/6, 8/13, 8/20, 8/26 | 9:30 AM & 10:30 AM |



TWEEN PROGRAMMING

Tween programming is geared towards ages 8–11.

Join us for a mix of fun virtual and in-person programs. Virtual programs will be held via Zoom and in-person programs will be held in a local park or the Community Room. Registration and masks are required for in-person programs.

| 6/2 | W | 4:00 PM | Crafts at the Park |
|------|---|---------|---------------------------|
| 6/9 | W | 4:00 рм | Science via Zoom |
| 6/16 | W | 4:00 рм | Art via Zoom |
| 6/23 | W | 4:00 рм | Animal Trivia via Zoom |
| 6/30 | W | 4:00 рм | Origami in the |
| | | | Community Room |
| 7/7 | W | 4:00 рм | Science Tellers via Zoom |
| 7/14 | W | 4:00 рм | Hack that Painting |
| | | | at the Park |
| 7/21 | W | 4:00 рм | Digital Mystery via Zoom |
| 7/28 | W | 4:00 рм | Science via Zoom |
| 8/4 | W | 4:00 рм | Jurassic Park at the Park |
| | | | |

TEEN PROGRAMMING

Teen programming is geared towards ages 12–18.

Teen Virtual Hangouts

ENGLEWOOD LIBRARY

Join us for weekly hangouts live on Zoom held every Tuesday at 4:00 PM.

Game Nights: 6/1, 6/29, 7/6, 8/3, 8/31

Movie/TV Club: 6/8, 7/13, 8/10 Writer's Group: 6/15, 7/20, 8/17 Book Club: 6/22, 7/27, 8/24

Email eplteen@gmail.com to get information on which movies, TV series and books we will be discussing each month.

Teen Dungeons & Dragons Club

Join us as we continue our virtual D&D campaign via Zoom.

Tu 6/1, 6/15 5:30 PM Tu 7/6, 7/20 5:30 PM Tu 8/3, 8/17 5:30 PM

Teen Weekly Events

Join us for a mix of fun virtual and in-person programs. Virtual programs will be via Zoom and in-person programs will be held in a local park. Registration and masks are required for inperson programs.

| 6/4 | F | 4:00 PM | Murder Mystery at the Park |
|------|---|---------|---------------------------------|
| 6/11 | F | 4:00 PM | Artist Discussion via Zoom |
| 6/18 | F | 4:00 PM | Crafts at the Park |
| 6/25 | F | 4:00 PM | Space Academy at the Park |
| 7/2 | F | 4:00 PM | Trivia via Zoom |
| 7/9 | F | 4:00 PM | Digital Escape Room via Zoom |
| 7/16 | F | 4:00 PM | Hack that Painting at the Park |
| 7/23 | F | 4:00 PM | Digital Murder Mystery via Zoom |
| 7/30 | F | 4:00 PM | Virtual Art via Zoom |
| 8/3 | F | 4:00 PM | Cosplay in the Park |
| | | | |

Summer Reading Is Here!

We have reading programs for all ages. Be sure to come into the library to sign up or check out our website to register online.

Baby Reading Program (ages 0 to 12 months old)

Read 10 books to your baby, then come to the library to pick up your free book.

Kids Reading Program (ages 1 to 11 years old)

Read 10 hours, then come into the library to pick up your free book. Need some incentive along the way? Stop by the library and get small prizes for every 2 hours you read.

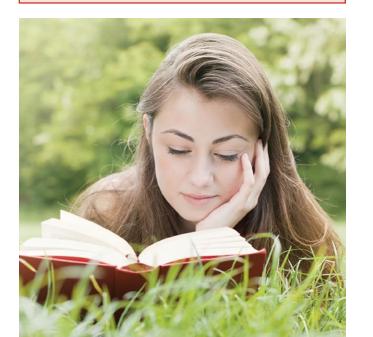
Teen Reading Program (ages 12 to 18 years old)

Read 24 hours, then come to the library to pick up your free book. Need some incentive along the way? Stop by the library and get prizes for every 6 hours you read.

Note: Reading includes reading on your own, being read to, reading to others and listening to audio books.

What Else? Don't miss out on our fun summer activities! Whether you are ready to come out and join us in person, or want to keep interacting with us virtually, we have lots of fun activities planned for the summer.







PLEASE NOTE:

ALL RECORDED COMPUTER CLASSES HAVE BEEN UPLOADED TO THE LIBRARY'S YOUTUBE CHANNEL DURING THE PANDEMIC.

Library Electronic Resources

Since we're still in that in-between place of not being closed, but not holding in-house classes yet, we'll continue to feature several of the resources available through the Library's website.

Consumer Health Complete

This is the single most comprehensive resource for consumeroriented health content. It is designed to support patients' information needs and foster an overall understanding of healthrelated topics. This full-text database covers topics such as aging, cancer, diabetes, drugs and alcohol, fitness, nutrition and dietetics, children's health, men's and women's health through evidence-based reports, news and magazine articles, and videos and animations. Check on drug and herb information, peruse fact sheets and pamphlets or look for alternative sources.

Genealogy - FamilySearch

FamilySearch is a nonprofit family history organization dedicated to connecting families across generations. This is the largest genealogy organization in the world. Millions of people use FamilySearch records, resources and services each year to learn more about their family history. Do you want to know who's hanging out in your family tree? Take a look at FamilySearch.

GreenFILE

If you're interested in learning more about environmental issues or want to become more environmentally friendly, this cross-disciplinary environmental resource can get you in the know. Focusing on human impacts to the environment, topics include sustainable agriculture, recycling, green building, climate change and more. Abstracts to more than 600,000 and full-text access to more than 9,000 articles are included.

History Reference Center

History Reference Center is the world's most comprehensive full-text history reference database designed for secondary schools, public libraries, junior/community colleges and undergraduate research. The database features full text for more than 2,000 reference books, encyclopedias and non-fiction books from leading history publishers.



Englewood Historic Photos

Englewood Public Library has a historic photos database containing images of people, places and events relating to Englewood and the surrounding area. Feel free to browse the collections and download any photos of interest to you.

Legal Information Reference Center

This reference center allows access to legal forms and full-text articles. Reference books are provided through Nolo, the nation's oldest and most well-respected provider of legal information for individuals and small businesses. Search over 12,000 state-specific legal forms organized by subject including adoption, bankruptcy, name changes and more. You will also have access to the tools and "how-to" instructions to address a wide range of legal issues.

Psychology & Behavioral Sciences Collection

The brain can be a fascinating and intimidating organ. Weighing in at about three pounds, it controls all functions of the human body and interprets information from all active senses. Intelligence, creativity, emotion and memory are a few of the many things governed by the brain. Browse more than 500 journals containing articles about psychiatry and psychology, mental processes, emotional and behavioral characteristics, anthropology and observational and experimental methods.



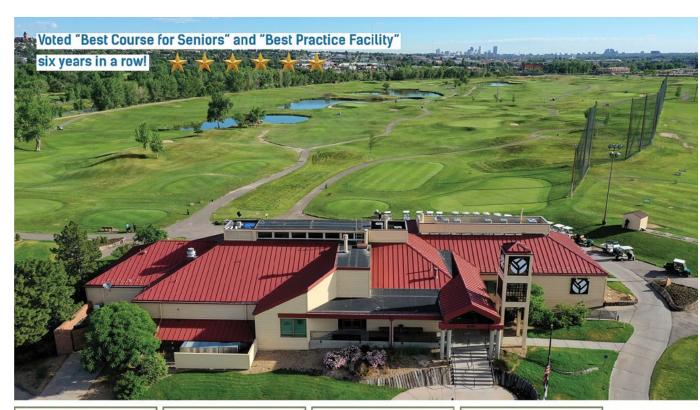
We appreciate the opportunity to give residents an outlet to get fresh air and exercise in a safe environment. We pride ourselves on providing quality opportunities for our guests to enjoy the game of golf. To ensure everyone's safety, we have opened with significant changes designed to limit contact, transactions and touchpoints. Just a friendly reminder: masks are required in all areas of the clubhouse, and we ask that you please do your best to social distance in all areas of the golf course. Please be sure to visit our website for more details!

Celebrate Golf Dav on July 21

We are making changes to ensure all our guests feel safe and enjoy their day at Broken Tee!

Things may look a bit different and feel smaller, but we promise you'll still have a great time. Full details are available online, but plan to enjoy food, free range use and fun when you visit Broken Tee.

MetaGolf Learning Center offers a variety of lesson options for everyone. Check out the Instruction page on our website and give them a call at 303-799-0870 to sign up.





Broken Tee Golf Cours

RYE-



AWARD WINNER FIRST PLACE

BEST COURSE FOR SENIORS







There are a variety of junior golf options this season. Find out which is best for you on our website under the Junior tab.

BROKEN TEE SUMMER JUNIORS PROGRAMS

MetaGolf Junior Golf Programs

Monthly Junior Program - \$129

This is an opportunity for 7- to 14-year-olds to learn basic golf fundamentals in a group setting. These four consecutive group clinics are designed for beginner/intermediate-level junior golfers. Juniors will receive sound fundamental instruction in the areas of putting, chipping, pitching and full swing. 5:1 student/teacher ratio, three student minimum.

5:30 - 6:30 PM for 4 consecutive weeks May, June, July, August, September

3-Day Junior Golf Camp - \$250

This camp is designed to help junior golfers improve their golf game, develop good work habits, develop sound values, and most importantly, have a blast! The camp provides basic instruction covering every skill area and a general understanding of rules and etiquette. 5:1 student/teacher ratio, three students minimum.

Tu - Th 9 AM - NOON 6/8 - 6/10, 7/6 - 7/8, 8/10 - 8/12, 8/24 - 8/26

PGA Junior Camps

Action-packed camps include hands-on instruction led by certified PGA Professionals. Signature PGA camp curriculum focuses on developing golf skills while keeping the experience fun. Low student/instructor ratio (approximately 6:1).

Half-Day Camps (\$295) are designed to inspire new golfers and further the development of those playing at a beginner to intermediate level. Campers learn and hone their skills with a strong emphasis placed on golf's fundamentals while having fun!

Full-Day Camps (\$495) provide an opportunity for intermediate to advanced junior golfers to continue to improve their skills as well as develop better course management expertise. Following lunch, campers head to the course for supervised play emphasizing course management, shot selection and rules.





Nike Junior Golf Camps

Veteran Nike Camp Director Brad Neher is excited to invite players of all ability levels to work on their game at Broken Tee Golf Course. The summer camps run a full day from 9 AM-3 PM and are the perfect opportunity for junior golfers to improve their skills and their course strategy. Campers enjoy three hours of instruction each morning, focusing on all facets of the game. After lunch, it's off to play the golf course. During course play our coaches teach strategy, etiquette and course management. This camp will create well-rounded golfers and raise each player's game to the next level. The summer camps run six consecutive Sundays from 1–4 PM.

Hole-n-One Summer Program

Ages: 5-15 yrs

Broken Tee Golf Course is happy to announce our NEW partnership with 1st Tee of Denver to bring the Hole-n-One Junior Camp back

We focus on rules, etiquette, short and long game instruction with an emphasis on fun. The Hole-n-One junior camp will be offered June 1 through June 5 with three time options available. Lessons will be held at Broken Tee Golf Course's driving range, practice area and the Par 3 course.

8:30 - 9:30 AM, 9:35 - 10:35 AM, 10:40 - 11:40 AM \$80/participant

Younguns Summer Camps

Summer 2021 Camps Offered by First Tee of Denver

Younguns

Ages: 4-5 yrs

4:45 - 5:45 PM 6/14, 6/21, 6/28, 7/12, 7/19, 7/26 \$135

Advanced Younguns

Ages: 6-7 yrs

6:00 - 7:00 PM 6/14, 6/21, 6/28, 7/12, 7/19, 7/26 \$135

BROKEN TEE GOLF COURSE



Ahoy, ye mateys! Welcome to a swashbuckling good time at the Pirates Cove Waterpark! Pirates Cove offers a leisure pool with a large interactive play structure, a 25-meter 6-lane pool with drop slide and diving board, a 35-foot slide tower with three slides, a lazy river, concessions and more. Pirates Cove has National Pool and Waterpark-trained lifeguards licensed by Jeff Ellis and Associates to ensure your safety. Rules and regulations can be found at piratescovecolorado.com.

HOURS OF OPERATION

Open 10:00 AM – 6:00 PM

Daily: May 29 – August 13

Weekends Only: Aug. 14, 15, 21, 22, 28, 29 Labor Day Weekend: September 4, 5, 6

Pirates Cove Waterpark Admission Rates

Pirates Cove accepts: Visa, MasterCard, Discover, American Express and cash.

| | Child/Sr (2 - | Child/Sr (2 - 17 / 55+ yrs) | | -54 yrs) |
|---|---------------|-----------------------------|---------|----------|
| | Non-Res | Res | Non-Res | Res |
| Daily | \$14 | \$9 | \$15 | \$10 |
| Weekends/ Holidays | \$16 | \$10 | \$17 | \$11 |
| Season Pass* | \$115 | \$78 | \$128 | \$86 |
| Family Pass* | _ | _ | \$292 | \$195 |
| Over 4 people on the family pass will be charged \$35 per person. | | | | |

*All passes expire 9/6/21. Family Pass price includes up to four people in same household. For discount price, each individual must present a current Englewood Recreation ID.

Avoid the Lines

Pre-purchase your tickets so you can spend more time making a splash. Pre-purchased tickets can be purchased at the Englewood Recreation Center, as you leave the Cove or online at piratescovecolorado.com.

Water and Sun Safety

At Pirates Cove our top priority is your safety. Although we have lifeguards stationed throughout the park, it is important that you remain with your child at all times, especially if they are under 8 years of age or unable to swim. Make sure that you're protecting yourself, and your child, from the sun's harmful rays. Use sunscreen and reapply throughout the day to reduce your sun exposure and to protect against skin cancer. Look for posters inside Pirates Cove all season long for more information on swim and sun safety.

Cove Cabanas

Rent a private cabana for up to 8 people. Cabanas include two lounge chairs, two regular chairs and a small table.

Weekday pricing: \$99/\$109

Weekend and holiday pricing: \$109/\$119

Price does not include park admission. Reserve online or call 303-783-6924.

Patio Rental

During the week we have a couple of areas that are available for you to call your own. Each area is equipped with tables and umbrellas. It's the perfect spot to host family and friends. Call 303-783-6924 to reserve.

The Treasure Chest

Did you forget your sunscreen? Misplace your towel? No worries! Pirates Cove has you covered. Located inside the entrance, we carry swim goggles, sunscreen, towels, sunglasses, swim diapers, souvenirs and of course Pirates Cove T-shirts and hats. Stop by The Treasure Chest and stock up on your favorite items or to enjoy some Dippin' Dots.

Parties and Rentals at Pirates Cove!

Pirates Cove is a great place to celebrate birthdays, teams, sporting groups, corporate events and more.





CAPTAIN COOK PARTY for 1 – 15 guests: \$294

BILLY BONES PARTY for 16 – 25 guests: \$374

Party packages include full-day admission to Pirates Cove, private tables on our party patio, courtyard or riverside for 2 hours, cupcakes, ice cream, soda, paper products, 1–2 pizzas and Big Squirt for the birthday celebrator. Additional pizza and tickets can be added at a discount. Visit piratescovecolorado.com to book your party today.

Barnacle Café

Fun in the sun can sure work up an appetite! Join us for lunch or snacks at the Barnacle Café. Offerings include hot dogs, hamburgers, french fries and fresh pizza. Cool off during the day with Blue Bunny ice cream, a Pirates favorite. Enjoy an ice-cold soda or our very own frozen drinks in one of our souvenir cups. Purchase the cup and get \$1 refills on soda all summer long. Visit our Shaved Ice stand and select from over 50 flavors. Funnel Fries and Funnel Cakes are back this year, a dough treat that is made in front of your very own eyes!

UPCOMING SUMMER EVENTS

World's Largest Swim Lesson: Thursday, June 17

Drowning remains the second leading cause of unintended injury related to the death of children ages 1–14. Pirates Cove is proud to be one of hundreds of facilities around the globe promoting Learn to Swim. Come to Pirates Cove on June 17 for a free half-hour swim lesson. After the lesson, feel free to stay and work on the skills you learned and play for free.

Christmas in July: July 25
Adult Nights: June 16, July 14 and August 4
Food Drive: July 5 – 10
Dog Plunge: September 12

Swim Classes

Class registrations are taken at the Englewood Recreation Center, 1155 W. Oxford Ave., and online at **englewoodrec.org**. Drop-off registrations are accepted at Pirates Cove. Classes that do not meet the minimum requirement will be canceled three days prior to the class start date. Is the class you want to sign up for full? Ask to be on the waiting list. Classes are often added if a sufficient number of names appear on the waitlist. Please check the Accelerated Swimming class descriptions on page 35 prior to enrolling in a class. If you have questions on your child's placement for Pirates Cove classes, contact Desiree by calling 303-762-2682.

a class. If you have questions on your child's placement for Pirates Cove classes, contact Desiree by calling 303-762-2682. MORNING SWIMMING LESSONS AT PIRATES COVE 2 weeks, 8 lessons

| | | Monday – Thursday | | | |
|-----------------|----------------|-------------------|------------|------------|-------------|
| Fee: \$55/\$44 | Session: | 1 | 2 | 3 | 4 |
| Class | Time | 6/7 – 6/18* | 6/21 – 7/1 | 7/5 - 7/15 | 7/19 – 7/29 |
| Babes & Tots | 9:00 – 9:30 ам | | 31310121 | | 31310141 |
| Seahorse | 9:00 – 9:30 ам | 31320111 | 31320121 | 31320131 | 31320141 |
| Seal | 8:25 – 8:55 am | 31320211 | 31320221 | 31320231 | 31320241 |
| Seat | 9:00 – 9:30 ам | 31320212 | 31320222 | 31320232 | 31320242 |
| Otter | 8:25 – 8:55 am | 31320311 | 31320321 | 31320331 | 31320341 |
| Stingray | 9:00 – 9:30 ам | 31330111 | 31330121 | 31330131 | 31330141 |
| Dolphin | 8:25 – 8:55 am | 31330211 | 31330221 | 31330231 | 31330241 |
| Dolphin | 9:00 – 9:30 ам | 31330212 | 31330222 | 31330232 | 31330242 |
| Swordfish | 8:25 – 8:55 am | 31330311 | 31330321 | 31330331 | 31330341 |
| Barracuda/Shark | 8:25 – 8:55 ам | 31330411 | 31330421 | 31330431 | 31330441 |

^{*}All classes on 6/17 will be moved to 6/18 due to World's Largest Swim Lesson.

Tidal Waves

Ages: 6-17 yrs

Take your swimming skills to the next level on our year-round CARA recreational swim team. Swimmers must be proficient in freestyle and backstroke for 25 meters. Swim meets are TBD at this time.

Location: Pirates Cove

6/7 - 7/29 M, Tu, W, Th 7:00 - 8:00 AM \$94/\$75 31330911

Deep Water Fitness

Ages: 16 yrs +

Enjoy the benefits of a low-impact workout using belts and noodles in our outdoor pool. Participants should be comfortable in deep water. Class size is limited, sign up now.

Location: Pirates Cove

| 6/8 – 7/1 | Tu, Th | 8:30 – 9:30 ам | \$46/\$38 | 31350211 |
|-----------|--------|----------------|-----------|----------|
| 7/6 – 8/5 | Tu, Th | 8:30 - 9:30 AM | \$46/\$38 | 31350221 |



Hours

AQUATICS

M-Th: 6:00 AM - 8:00 PM F: 6:00 AM - 7:00 PM Sa/Su: 8:00 AM - 4:30 PM



SAVING BUILDING

Pool Safety Guidelines

Children under 8 years old must be directly supervised by an adult in the pool area. Adults must provide in-water supervision of children unable to pass the swim test.

Supervise your children. No diving. No breath-holding games, please.

The Swim Test

Children under 8 years old must be able to swim 10 meters by themselves to go down the big slide or to be out of reach of an adult.

Pool Features

- 8 lanes, 25 meters
- Body slide (must pass a swim test)
- 2 3 ft. shallow children's area with easy access stairs
- Small slides
- Family changing rooms
- Dry sauna 180 200°
- ADA accessible
- Pool temp 86° year-round

Open Swim – By Reservation

By reservation only. Head on down for an afternoon of fun. Toss the ball, dive for rings or take a ride down the slides.

M - F: NOON - 4:00 PM **M - Th:** 6:00 - 8:00 PM

F: 4:00 – 7:00 PM Tot area + 2 lanes only

Sa/Su: 1:00 – 4:30 PM

Lap Swim - By Reservation

M-Th: 6:00 AM - 8:00 PM **F:** 6:00 AM - 7:00 PM **Sa/Su:** 8:00 AM - 4:00 PM

Following COVID-19 guidelines, schedules and policies may change at any time.

There is no evidence that COVID-19 can spread to humans through the use of pools and hot tubs.





Infant and Toddler

Babes & Tots (6 mos - 3 yrs)

Introduction to the water with a focus on safety and primary water skills including submersion, bubbles and water play in a fun, family environment.

Jellyfish (2½ - 3½ yrs)

This class is for advanced toddlers who go under water willingly and are nearly floating on their own. Instructor approval requested.

Preschool

Seahorse (3 – 5 yrs)

These little ones may be cautious, but are ready to start the basics. A gentle approach using songs and games is used to help them gain confidence and trust.

Seal (3 - 5 yrs)

These little ones are happiest going under water and are just starting to float on their own.

Otter (3 - 5 yrs)

These little ones can float for 10 seconds, roll over and kick 10 meters to safety.

Sea Lion (3 - 5 yrs)

These are our most experienced little swimmers, working on freestyle and backstroke drills, with the goal of being able to swim 15 meters with ease.

School Age

Stingray (6 - 14 yrs)

Swimmers with limited experience or basic skills should start here. Cautious and adventurous alike will find success in this class. Floating, kicking and breathing will be mastered here.

Dolphin (6 - 14 yrs)

Swimmers will be conditioned to float, kick and breathe for longer distances while core swimming skills are introduced and mastered. Swimmers will master freestyle and backstroke drills for 15–25 meters.

Swordfish (6 – 14 yrs)

Swimmers at this level are well conditioned and beginning to swim up to 25 meters of freestyle, backstroke and elementary backstroke with ease. Dolphin kick and treading water will be introduced.

Barracuda (6 - 14 yrs)

Swimmers are working toward 50 meters of freestyle and backstroke with efficiency and ease. Butterfly and breaststroke drills are introduced and refined. Open turns, treading water for time and advanced safety skills are included.

Shark (6 - 14 yrs)

Swimmers completing this class will have all the skills necessary to swim for fitness, join a swim team or take lifeguard training.

WATER FITNESS

Aqua Power

Ages: 16 yrs +

Add water to your everyday routine and see the difference. *Location: ERC*

| 6/10 – 7/1 | Th | 5:00 - 5:55 PM | \$23/\$19 | 31250211 |
|------------|----|----------------|-----------|----------|
| 7/8 – 7/29 | Th | 5:00 - 5:55 PM | \$23/\$19 | 31250221 |
| 8/5 - 8/26 | Th | 5·00 - 5·55 PM | \$23/\$19 | 31250231 |

HIIT Aqua

Ages: 16 vrs +

High intensity followed by active recovery = all gain with no pain.

Location: ERC

6/8 - 6/29 Tu 5:00 - 5:55 pm \$23/\$19 31250611

| 6/8 – 6/29 | Tu | 5:00 - 5:55 PM | \$23/\$19 | 31250611 |
|------------|----|----------------|-----------|----------|
| 7/6 – 7/27 | Tu | 5:00 - 5:55 PM | \$23/\$19 | 31250621 |
| 8/3 – 8/24 | Tu | 5:00 – 5:55 рм | \$23/\$19 | 31250631 |

Senior Aqua

Ages: 55 yrs +

Rediscover the fountain of youth, where splashing and smiling isn't just for kids.

| Location | n: FR |
|----------|-------|
| | |

| 6/7 - 8/23 | M | 9:00 - 9:50 AM | \$30/\$24 | 3126011 |
|-------------|----|------------------|-----------|---------|
| 6/8 - 8/24 | Tu | 9:00 - 9:50 AM | \$30/\$24 | 3126011 |
| 6/8 - 8/24 | Tu | 10:00 - 10:50 AM | \$30/\$24 | 3126011 |
| 6/9 – 8/25 | W | 9:00 - 9:50 AM | \$30/\$24 | 3126011 |
| 6/10 - 8/26 | Th | 8:00 - 8:50 AM | \$30/\$24 | 3126011 |
| 6/10 - 8/26 | Th | 9:00 - 9:50 AM | \$30/\$24 | 3126011 |
| 6/11 - 8/27 | F | 9:00 - 9:50 AM | \$30/\$24 | 3126011 |

| MORNING SW | MORNING SWIMMING LESSONS AT ERC 2 weeks, 8 lessons | | | | | |
|------------------|--|-------------|------------|------------|-------------|--|
| | | | Monday – | Thursday | | |
| Fee: \$55/\$44 | Session: | 1 | 2 | 3 | 4 | |
| Class | Time | 6/7 – 6/18* | 6/21 – 7/1 | 7/5 – 7/15 | 7/19 – 7/29 | |
| Babes & Tots | 10:35 – 11:05 АМ | 31210111 | _ | 31210112 | _ | |
| Jellyfish | 8:50 – 9:15 ам | 31210211 | 31210221 | 31210231 | _ | |
| | 9:20 – 9:50 ам | 31220111 | 31220121 | 31220131 | 31220141 | |
| Seahorse | 10:00 – 10:30 АМ | 31220112 | _ | 31220132 | 31220142 | |
| | 11:10 – 11:40 АМ | _ | 31220122 | _ | _ | |
| | 9:20 – 9:50 ам | 31220211 | 31220221 | 31220231 | 31220241 | |
| Seal | 10:00 – 10:30 ам | 31220212 | _ | 31220232 | 31220242 | |
| | 11:10 - 11:40 AM | _ | 31220222 | _ | _ | |
| 044-1/61: | 10:35 – 11:05 AM | 31220311 | _ | 31220331 | 31220341 | |
| Otter/Sea Lion | 11:10 - 11:40 AM | _ | 31220321 | _ | _ | |
| | 9:20 – 9:50 ам | 31230111 | 31230121 | 31230131 | 31230141 | |
| Stingray | 10:00 – 10:30 АМ | 31230112 | _ | 31230132 | 31230142 | |
| | 11:10 – 11:40 АМ | _ | 31230122 | _ | _ | |
| | 9:20 – 9:50 ам | 31230211 | 31230221 | 31230231 | 31230241 | |
| Dolphin | 10:00 – 10:30 АМ | 31230212 | _ | 31230232 | 31230242 | |
| | 11:10 – 11:40 АМ | | 31230222 | _ | | |
| Swordfish | 8:30 – 9:15 ам | 31230311 | 31230321 | 31230331 | | |
| Swordlish | 10:35 – 11:05 АМ | _ | _ | _ | 31230341 | |
| Barracuda/Shark | 8:30 – 9:15 ам | 31230411 | 31230421 | 31230431 | | |
| Dairacuua/Siiark | 10:35 – 11:05 АМ | _ | _ | _ | 31230441 | |

^{*}Due to the World's Largest Swim Lesson on 6/17 at Pirates Cove, Thursday's lesson will be rescheduled for Friday, 6/18.

| EVENING SWI | 4 weeks, 8 lessons | | |
|--------------------|--------------------|-------------|------------|
| | | Mondays & \ | Wednesdays |
| Fee: \$55/\$44 | Session: | 1 | 2 |
| Class | Time | 6/7- 6/30 | 7/5 – 7/28 |
| Jellyfish | 4:00 – 4:25 PM | 31210213 | 31210223 |
| Seahorse | 4:00 – 4:25 pm | 31220113 | 31220123 |
| Seal | 4:30 – 5:00 PM | 31220213 | 31220223 |
| Otter/Sea Lion | 5:05 – 5:35 РМ | 31220313 | 31220323 |
| Stingray | 4:30 – 5:00 PM | 31230113 | 31230123 |
| Dolphin | 5:05 – 5:35 РМ | 31230213 | 31230223 |
| Swordfish | 5:40 – 6:10 РМ | 31230313 | 31230323 |
| Barracuda/Shark | 5:40 – 6:10 рм | 31230413 | 31230423 |

| SATURDAY SWIN | MING LESSONS A | AT ERC | 4 weeks, | 4 weeks, 4 lessons | | |
|-----------------|------------------|------------|-------------|--------------------|--|--|
| Fee: \$27/\$22 | Session: | 1 | 2 | 3 | | |
| Class | Time | 6/12 - 7/3 | 7/10 - 7/31 | 8/7 – 8/28 | | |
| Dahaa (Tata | 10:00 – 10:30 ам | 31210114 | 31210124 | 31210134 | | |
| Babes & Tots | 10:35 – 11:05 ам | 31210115 | 31210125 | 31210135 | | |
| Jellyfish | 9:30 – 9:55 ам | 31210214 | 3121024 | 3121034 | | |
| Cookerse | 10:00 – 10:30 ам | 31220114 | 31220124 | 31220134 | | |
| Seahorse | 10:35 – 11:05 ам | 31220115 | 31220125 | 31220135 | | |
| Cool | 10:00 – 10:30 ам | 31220214 | 31220224 | 31220234 | | |
| Seal | 10:35 – 11:05 ам | 31220215 | 31220225 | 31220235 | | |
| Otter | 8:50 – 9:20 ам | 31220314 | 31220324 | 31220334 | | |
| Sea Lion | 11:10 – 11:50 ам | 31220414 | 31220424 | 31220434 | | |
| Chinava | 9:15 – 9:55 ам | 31230114 | 31230124 | 31230134 | | |
| Stingray | 11:10 – 11:50 ам | 31230115 | 31230125 | 31230135 | | |
| Dalahia | 9:15 – 9:55 ам | 31230214 | 31230224 | 31230234 | | |
| Dolphin | 11:10 - 11:50 AM | 31230215 | 31230225 | 31230235 | | |
| Swordfish | 8:30 – 9:10 ам | 31230314 | 31230324 | 31230334 | | |
| Barracuda/Shark | 8:30 - 9:10 AM | 31230414 | 31230424 | 31230434 | | |

PRIVATE SWIMMING LESSONS

Sign up for private lessons with our experienced instructors who will provide hands-on instruction in or out of the water based on your preferences. Check online for more days and times not listed here.

| | 1 student | 2 students |
|------------|-----------|------------|
| 4 classes | \$92 | \$112 |
| *3 classes | \$69 | \$84 |

| | JUNE | | JU | ILY | AUGUST | |
|----------------|------------|------------|------------|------------|------------|------------|
| | Tuesday | Thursday | Tuesday | Thursday | Tuesday | Thursday |
| Time | 6/8 – 6/29 | 6/10 – 7/1 | 7/6 – 7/27 | 7/8 – 7/29 | 8/3 - 8/24 | 8/5 – 8/26 |
| 4:00 – 4:30 PM | 31231211 | 31231221 | 31231231 | 31231241 | 31231251 | 31231261 |
| 4:30 – 5:00 PM | 31231212 | 31231222 | 31231232 | 31231242 | 31231252 | 31231262 |
| 5:00 – 5:30 РМ | 31231213 | 31231223 | 31231233 | 31231243 | 31231253 | 31231263 |
| 5:30 – 6:00 РМ | 31231214 | 31231224 | 31231234 | 31231244 | 31231254 | 31231264 |

| | Sunday | Sunday | Sunday |
|------------------|--------------|------------|------------|
| Time | 6/13 - 6/27* | 7/11 - 8/1 | 8/8 – 8/22 |
| 9:00 – 9:30 ам | 31231225 | 31231245 | 31231265 |
| 9:30 – 10:00 AM | 31231226 | 31231246 | 31231266 |
| 10:00 - 10:30 AM | 31231227 | 31231247 | 32131267 |
| 10:30 - 11:00 AM | 31231228 | 31231248 | 31231268 |

SWIMMING LESSONS



Crochet Class

Ages: 16 yrs +

CULTURAL PROGRAMS

Even if you've never held a hook before or don't know a slip knot from a single crochet, use this class to pick up basic techniques and tips. By the end of the class, you will be ready to crochet in rows, which is all you need to make a scarf or even a simple blanket. Bring a J hook and yarn to class.

| Location: MR | C | | Instructor: Ju | ulie McCready |
|--------------|----|-----------------|----------------|---------------|
| 6/12 – 6/26 | Sa | 9:30 - 11:30 AM | \$41/\$33 | 31751011 |
| 7/10 – 7/24 | Sa | 9:30 - 11:30 AM | \$41/\$33 | 31751012 |
| 8/14 - 8/28 | Sa | 9:30 - 11:30 AM | \$41/\$33 | 31751013 |

Creative Pottery

Ages: 55 yrs +

Use different methods of handbuilding and/or sculpting to create three pieces of art. Glazes included. Open to all skill levels. Supply fee: \$15 per 12 lbs. of clay used, payable to instructor.

| Location: MR | | I. | nstructor: M | ichael McGrath |
|--------------|----|-----------------|--------------|----------------|
| 6/1 – 7/6 | Tu | 10:00 AM - NOON | \$72/\$67 | 31760411 |
| 7/13 - 8/17 | Tu | 10:00 AM - NOON | \$72/\$67 | 31760412 |

Drawing and Painting Class

Ages: 55 yrs +

Whether you like to paint, smatter, draw or sketch, this class will bring out creativeness. Pick your favorite medium – such as watercolors, acrylics or pencils – and enrich your skills in this class. All levels of experience welcome. Bring any works in progress or start something new.

| Location: MRC | | | Instructor: E | Eileen Hoffman |
|---------------|----|-----------------|---------------|----------------|
| 6/3 – 7/8 | Th | 10:00 AM - NOON | \$60/\$55 | 31761011 |
| 7/15 - 8/19 | Th | 10:00 AM - NOON | \$60/\$55 | 31761012 |

NEW Ultra Beginner Line Dance

Ages: 55 yrs

This class is a good place to start for those interested in learning how to line dance and enjoy moving to a variety of music.

| Location: TBD | | | Instruct | or: Judy Curtis |
|---------------|---|------------------|-----------|-----------------|
| 6/2 – 6/30 | W | 10:45 - 11:45 AM | \$16/\$13 | 31860311 |
| 7/7 – 7/28 | W | 10:45 - 11:45 AM | \$13/\$11 | 31860312 |
| 8/4 - 8/25 | W | 10:45 - 11:45 AM | \$13/\$11 | 31860313 |

NEW Beginning Line Dance

Ages: 55 yrs +

Step up the pace. Learn more difficult steps to new choreography and continue learning.

| Location: TBD |) | Instruct | or: Judy Curtis | |
|---------------|---|-----------------|-----------------|----------|
| 6/2 – 6/30 | W | 9:00 - 10:00 AM | \$16/\$13 | 31860411 |
| 7/14 – 7/28 | W | 9:00 - 10:00 AM | \$13/\$11 | 31860412 |
| 8/4 – 8/25 | W | 9:00 - 10:00 AM | \$13/\$11 | 31860413 |
| | | | | |

Continuing Bridge

Ages: 55 yrs +

Take your bridge playing to the next level. This class is designed for those who have been learning the game for a while and want a new challenge. Class includes instruction on play and defense, bidding skills, some lecture and supervised playing.

| Location: MRC | | | Instruct | or: James Buck |
|---------------|---|-----------------|-----------|----------------|
| 6/2 – 7/7 | W | 10:00 AM - NOON | \$57/\$46 | 31465011 |
| 7/14 - 8/18 | W | 10:00 AM - NOON | \$57/\$46 | 31465012 |

Spanish III

Ages: 55 yrs +

Bienvenidos! Continue to sharpen your Spanish-speaking skills. This interactive class builds further on what you have learned. You will focus on more complex forms of conversation, using proper grammar, pronunciation and a variety of new vocabulary. A background in Spanish is recommended.

| Location: MRC | | | Instructor | r: Jean Kunkel |
|---------------|---|-----------------|------------|----------------|
| 6/7 – 8/23 | M | 8:30 - 10:30 AM | \$68/\$56 | 31465611 |

Encaustics

Ages: 16 yrs +

Learn to make your own greeting cards using an ancient Egyptian art form that involves heating colored wax with a small iron and applying it to a heavy glossy paper. You'll leave the class with 5 cards and an 8x10" picture. Material fee: \$25, payable to the instructor.

| Location. Mr | C | | mstructor. | Cullille Scott |
|--------------|---|----------------|------------|----------------|
| 6/16 | W | 9:30 am - noon | \$15/\$12 | 31760211 |
| 8/18 | W | 9:30 am - noon | \$15/\$12 | 31760212 |

NEW Cyanotype Prints

Ages: 16 yrs +

Create beautiful art by placing flowers, leaves or other items on treated paper. When paper is exposed to sun, the result is a unique blue and white creation. You will leave with five cards and an 8x10" picture. Material fee: \$30, payable to the instructor.

| Location. | MRC | | mstru | ctor: Camille Scott |
|-----------|-----|----------------|-----------|---------------------|
| 7/21 | W | 9:30 am - noon | \$15/\$12 | 317602132 |

Never B-4 Bingo

Have some fun, and prizes are included! Play in person or via Zoom (a working email is needed). Bingo cards need to be picked up at Malley prior or request them to be mailed.

| Location: MRC | |
|---------------|---|
| 6/14 | М |

| 6/14 | M | 1:00 - 2:00 PM | FREE |
|------------|-----------------|----------------|------|
| /IRTUAL 31 | 450111, IN-PERS | on 31450112 | |
| 7/12 | M | 1:00 - 2:00 PM | FREE |
| /IRTUAL 31 | 450211, IN-PERS | on 31450212 | |
| 3/9 | M | 1:00 - 2:00 PM | FREE |
| /IRTUAL 31 | 450311. IN-PERS | ON 31450312 | |



Medicare 101

Making a decision can be hard! Attend this presentation to learn all your plan options and review the A, B, C and Ds of Medicare. Allen will share important dates to remember and how to save money on prescriptions.

| Location: MRC | | Instructor: A | Allen McGirl | |
|---------------|------------------|------------------|--------------|--|
| 6/10 | Th | h 1:30 – 3:30 PM | | |
| VIRTUAL 31 | 460111, IN-PERSO | on 31460112 | | |
| 7/8 | Th | 6:00 – 8:00 РМ | FREE | |
| VIRTUAL 31 | 460211, IN-PERSO | on 31460212 | | |
| 8/12 | Th | 1:30 - 3:30 PM | FREE | |
| VIRTUAL 31 | 460311, IN-PERSO | on 31460312 | | |

The Will Maker - Legal Seminar

In a single sitting, you'll complete a simple will. You will also complete a living will, medical power of attorney and financial power of attorney with the help of a licensed attorney. Fee includes all material, witnessing, notarizing, individual review and time for questions. Bring your ID and a snack. Cost \$100, payable to Rebecca Bennetti at the workshop.

| Location: MRC Instructor: Rebecca E | | | Rebecca Beni | netti, Lawyer |
|-------------------------------------|----|----------------|--------------|---------------|
| 6/15 | Tu | NOON - 4:30 PM | \$15/\$12 | 31460411 |
| 7/13 | Tu | NOON - 4:30 PM | \$15/\$12 | 31460511 |
| 8/17 | Tu | NOON - 4:30 PM | \$15/\$12 | 31460611 |

Wills, Trusts & Power of Attorney

Planning for disability and death can give you peace of mind, reduce burdens for your loved ones, and help you leave a legacy instead of a mess. Learn about some of the tools available, including powers of attorney, advance medical directives, wills and trusts. We'll touch on the probate process and long-term care.

Location: MRC

| Instructor: | Ryan Scott, Law | Office of Ryan B. Scott, LLC | |
|-------------|------------------|------------------------------|---------|
| 6/21 | М | 10:00 - 11:30 AM | \$7/\$5 |
| VIRTUAL 31 | 460911, IN-PERSO | on 31460912 | |

Legal, Financial & Tax Issues

There can be complexities related to the transfer of property. Often, families try to solve these problems during a crisis. Creating a contingency plan in advance is a far better way of dealing with potential pitfalls. What legal documents are needed when selling my home? What are the tax implications of owning, selling, or transferring property? How should property be deeded? Join our experts on how to avoid common challenges.

Location: MRC

Instructor: Kim Evans and Panel of RoadMap for Aging Experts
6/22 Tu 10:30 AM - NOON FREE
VIRTUAL 31460711, IN-PERSON 31460712

The Probate Process

What do you do when someone passes away? Do you need to open probate? If you are the personal representative or executor of the estate, what will be expected of you? What should you know if you are a beneficiary? We will answer these questions and talk about some of the tools available to you to avoid probate of your estate. *Location: MRC*

Instructor: Ryan Scott, Law Office of Ryan B. Scott, LLC

7/19 M 10:00 – 11:30 am \$7/\$5 VIRTUAL 31461011, IN-PERSON 31461012

What Are My Living Options as I Age?

What are the differences between 55+ communities, independent living communities and continuing care communities? Choosing a retirement community is not always easy. Plus, there are so many springing up around the area. There are many sizes, prices and amenities to choose from. During this presentation, you will learn the facts about your options in the senior living industry.

Location: MRC
Instructor: Kim Evans and Panel of RoadMap for Aging Experts

7/27 Tu 10:30 AM – NOON FREE VIRTUAL 31460811, IN-PERSON 31460812

Medicaid and Long-Term Care

How are you going to pay for long-term care? Given the rising costs, what can you do to preserve your estate and protect your assets? Come learn about care options and common ways of paying for care. We'll discus long-term care insurance available, key elements to consider in evaluating policies and discuss when Medicaid can be part of your planning.

Location: MRC

Instructor: Ryan Scott, Law Office of Ryan B. Scott, LLC 8/16 M 10:00 – 11:30 AM \$7/\$5 VIRTUAL 31461111, IN-PERSON 31461112

Home Care vs. Assisted Living

How do you choose and when between home care and an assisted living community? Learn what the differences are, what types of care are offered and their benefits and pricing information. You will learn what questions to ask and discuss with your doctor and family members.

Location: MRC

Instructor: Kim Evans and Panel of RoadMap for Aging Experts
8/24 Tu 10:30 AM - NOON F

VIRTUAL 31461211, IN-PERSON 31461212

,

MRC = Malley Recreation Center



Peewee Dance

Ages: 3 – 5 yrs

ACTIVE KIDS

Classes are focused on dance techniques, safety, fun, movement, coordination and self-esteem. Dancers develop the basics of tap, jazz and ballet steps while working on following directions.

Location: ERC

Instructors: Shellee Schwartz - Live, and Linda Elliott - Virtual

Youth Dance

Ages: 6 – 9 yrs

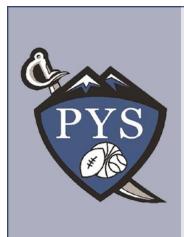
Youth dance classes are designed to help your child become a well-rounded dancer in different styles of dance, including tap, jazz, hip-hop and ballet in a fun and energetic class! Classes focus on dance fundamentals and technique.

Location: ERC

Instructors: Shellee Schwartz - Live, and Linda Elliott - Virtual

| | instructors. Shellee Schwartz - Live, and Linda Elliott - virtual | | | | | Viicuat | | |
|--------------|---|-----------|-------------|--------|------------------|----------|------|---------|
| | | | ACTIVI | E KIDS | | | | |
| Class | Activity# | Ages | Dates | Days | Time | Location | Fee | Res Fee |
| Peewee Dance | 31820111 | 3 – 5 yrs | 6/1 – 6/22 | Tu | 10:00 - 10:30 AM | ERC | \$15 | \$12 |
| | 31820112 | 3 – 5 yrs | 7/6 – 7/27 | Tu | 10:00 - 10:30 AM | ERC | \$15 | \$12 |
| | 31820113 | 3 – 5 yrs | 6/2 – 6/23 | W | 3:30 - 4:00 PM | ERC | \$15 | \$12 |
| | 31820114 | 3 – 5 yrs | 7/7 – 7/28 | W | 3:30 - 4:00 PM | ERC | \$15 | \$12 |
| | 31820115 | 3 – 5 yrs | 6/1 – 6/22 | Tu | 4:00 – 4:30 PM | VIRTUAL | \$15 | \$12 |
| | 31820116 | 3 – 5 yrs | 7/6 – 7/27 | Tu | 4:00 – 4:30 PM | VIRTUAL | \$15 | \$12 |
| | 31820117 | 3 – 5 yrs | 8/10 - 8/31 | Tu | 4:00 – 4:30 PM | VIRTUAL | \$15 | \$12 |
| Youth Dance | 31820211 | 6 – 9 yrs | 6/1 – 6/22 | Tu | 10:35 - 11:20 AM | ERC | \$19 | \$15 |
| | 31820212 | 6 – 9 yrs | 7/6 – 7/27 | Tu | 10:35 - 11:20 AM | ERC | \$19 | \$15 |
| | 31820213 | 6 – 9 yrs | 6/2 – 6/23 | W | 4:05 – 4:50 PM | ERC | \$19 | \$15 |
| | 31820214 | 6 – 9 yrs | 7/7 – 7/28 | W | 4:05 – 4:50 PM | ERC | \$19 | \$15 |
| | 31820215 | 6 – 9 yrs | 6/1 – 6/22 | Tu | 4:45 - 5:30 PM | VIRTUAL | \$19 | \$15 |
| | 31820216 | 6 – 9 yrs | 7/6 – 7/27 | Tu | 4:45 - 5:30 PM | VIRTUAL | \$19 | \$15 |
| | 31820217 | 6 – 9 yrs | 8/10 - 8/31 | Tu | 4:45 – 5:30 РМ | VIRTUAL | \$19 | \$15 |

ERC = Englewood Recreation Center



PIRATE YOUTH SPORTS

Building community, tradition and excellence! Our vision is to develop the community of Englewood and its youth through high-quality youth sports programs.

BASEBALL • BASKETBALL • CHEERLEADING • FOOTBALL • FLAG FOOTBALL • LACROSSE • SOFTBALL • VOLLEYBALL • WRESTLING • SOCCER

Join our email list and register for all youth sports programs at pirateyouthsports.com. Contact us at president@pirateyouthsports.com or 303-907-3667. Subject to change due to COVID-19.



Grlsberg

Rick Castiglia

Who would guess Rick Castiglia, cashier at Broken Tee Golf Course, holds the 10x world freestyle champion record? Rick "Casio" Castiglia, a member of the Coloradicals freestyle team, is world-renowned for introducing Freestyle Frisbee. What is Freestyle Frisbee? It's one part dance, one part

extreme sport and one part juggling. Freestyle Frisbee includes both throws and catches, but with a significant twist: stylized throws, complex body movements by a receiver and trick catches.

With a little observation, the first thing one might notice is that the players are balancing a spinning disc on their fingernails. This is called the "nail delay," the core of mainstream Freestyle Frisbee, that allows players to keep the disc moving for much longer than if they were just throwing, tipping and catching.

Rick, internationally known for his creative process and ability to discern subtleties, is one of the greatest players of all time. Next time you're at Broken Tee, maybe he'll show you a few tricks!



Michael Harwerth

Meet Michael Harwerth, operations coordinator at Broken Tee Golf Course. Michael has a passion and talent for West Coast Swing Dancing. He might not live on the West Coast, but he is "dancing his dream" in Denver's booming dancing venues. West Coast Swing Dancing, stemming from the

Lindy Hop, creates room for improvisation and interaction between partners with a combination of street dance characteristics.

For nearly a decade, Michael has been West Coast Swing Dancing for fun as well as competing around the states. Inspired by visiting local country bars in Austin, Texas hosting West Coast Swing Dancing events, Michael was drawn to the music and dance. His favorite part of this dance is that any type of music will work! Simply, he can West Coast Swing Dance anywhere there's a beat.

Before COVID-19, Michael and his dance partner could often be found working on their dance moves, and they hope to continue to do so once clubs reopen. He also appreciates the opportunity to step in and teach around the metro area. Looking for a dance lesson? Stop by Broken Tee first for a recommendation!

MARTY GRIMS WILL BE MISSED!



Marty Grims, a landmark at the Malley Recreation Center, will be moving on to his second retirement! With a strong interest in and enthusiasm for health and fitness, he started a new career as a personal trainer at Malley. He decided to work with seniors to help them improve their health and lifestyle. As a personal trainer for more than 16 years, Marty has

taught his clients to adapt positive habits that will benefit them for the rest of their lives. Seeing people "week in and week out" has made exercise an integral part of his daily routine. "My goal is making exercise fun and something that can be available to everyone, regardless of age or physical condition."

What will he miss most? The most rewarding thing has been all of the friendships and personal connections that he has made over the years. Teaching someone a fitness routine and then watching them experience the rewards has been extremely satisfying. Marty still remembers people from his very first day

at Malley. One of the most amazing things about Malley is that there is an endless flow of great people coming through the doors every day. "I tell my friends and family that I get to work with the best people!"

Marty's "words of wisdom" include encouraging guests to try a small amount of daily activity – that can make a huge difference in your quality of life. Stay active and find something that you enjoy that challenges you a little bit each day. It will pay off in both your physical and mental health.

Looking forward, Marty hopes to get outdoors more to go hiking, biking, snowshoeing, fishing and camping. He's also hoping to learn to bake and find some volunteer opportunities within the community.

"I have always felt that while working at Malley, I have received much more than I have given in the way of kindness and good will. Malley is truly a welcoming community and I feel privileged to have been a small part of what makes the Center such a special place." We love that!



Adult Athletic Leagues

Adult Athletic league registration, schedules and standings: www.teamsideline.com/englewoodrec

| MEN'S AND WOMEN'S ADULT ATHLETIC LEAGUES | | | | | | | | |
|--|-------------------|------------------|---------------|---------------------|---|---|--|--|
| SPORT | SEASON | REGISTRATION | LEAGUES BEGIN | FEES | FORMAT | OFFERINGS | | |
| Volleyball - | Fall | July 12 – Aug 27 | Sept 7 | - \$325/team | 10 Games + Single | Tuesday Coed, Wednesday Women's, | | |
| volleyball | Winter | Oct 25 – Dec 20 | Jan 11, 2022 | \$323/ team | Elimination Playoff | Thursday Men's | | |
| | Spring | Early Feb | Mid-March | _ | | | | |
| Basketball —— | Summer | May 3 – July 2 | July 11 | - \$460/team | 8 Games + Single | Sunday Men's Comp, Sunday Men's Rec, | | |
| | Fall | Aug 2 – Sept 24 | Oct 3 | Elimination Playoff | | Monday Men's Open | | |
| | Winter | Nov 1 – Jan 3 | Jan 9, 2022 | | | | | |
| Cathall | Summer | March 16 – May 1 | May 20 | \$610/team | 10 Games + Single | Thursday Men's | | |
| Softball Fall | June 28 – July 31 | Aug 12 | \$510/team | Elimination Playoff | Competitive and Recreational | | | |
| Fast Pitch | Summer | March 16 – May 1 | May 14 | \$660/team | 8 Games + Single Elimination Playoff | Thursday Men's | | |

Don't have a team or need a few more players to complete your team? Go to **www.teamsideline.com/englewoodrec** to be added to the Free Agent List. If you have any questions regarding team registration, please call Sara Stant at 303-762-2694 or email sstant@englewoodco.gov.

Skyhawks Sports Camps Teaching life skills through sports

Week-long sports camps, three hours each day in our Englewood Parks for 4-14 years. Camps include Basketball, Volleyball and a Multi Sport camp. For more information visit www.skyhawks.com.

SuperTots Camps is perfect for 2-5 year olds. These camps will meet one week for 50 minutes each day in our parks. Children will learn the basics of baseball, basketball, football or soccer. For more information visit www.supertotsports.com.



Tennis Lessons at Romans Park

Lessons will be offered at our newly refurbished courts at Romans Park, 1800 E. Floyd Ave. Information will be posted at englewoodco.gov/register and click the "Athletics" tab.

Time to pick up your racquet and try one of our tennis lessons for youths and adults. Our instructors will provide a wide range of skills to improve your game!



Pickleball Lessons

Are you interested in learning pickleball? Join us for our pickleball lessons perfect for all ages. Learn more at englewoodco.gov/register under the "Athletics" tab.

Helo Summer!

Need some summer ideas to help meet your health and fitness goals? We've got you covered!

Try a new class! We have dozens of fitness and movement classes for all ages and abilities, such as Pilates, Yoga, Fit Body Express or Zumba, to name a few. Did you know we also offer personal training? It's a great way to jump-start or revisit your goals.

We've been working hard to make sure our fitness schedule offers classes that provide cardio, strength training, flexibility, endurance, core strength and stretching benefits. These

classes, as well as our cardio and weight equipment, will support your fitness and recreation goals.

These classes are just a sampling of what we offer! Please visit our website and Facebook page for an entire list of classes.

Colorado summers are perfect for getting outside, enjoying our parks, trails and open spaces. And, try one of our live outside classes for a breath of fresh air.

Englewood's Premier 4-Step Pilates Program

Our 4-Step Pilates Program uses exercises with controlled movement to improve flexibility, build strength, and develop control and endurance within the entire body. Throughout the class, the priority is to promote alignment and breathing to develop a strong core that will improve coordination and balance. The body's core, which consists of the muscles of the abdomen, lower back and hips, is thought to be the key to a person's stability.

Fit Body Express

A high-intensity endurance-based workout. Shed fat, define muscle, transform the look of your entire physique and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort – this class is for you!

Zumba

Zumba is a Latin-inspired dance-fitness class that combines energizing music and easy-to-follow moves for a fun, effective cardiovascular workout. Rhythms in this class will tone and sculpt your body.

Yoga

Yoga has demonstrated physical and mental benefits for all ages. Modern yoga is a physical activity consisting largely of comfortable seating postures (asanas) and moving through standing poses and postures. Vinyasa, referred to as "flow" yoga, is characterized by stringing postures together so that you move from one to another, seamlessly, using breath.

Personal Training

Get inspired, boost your confidence and accomplish your goals. Personal training is offered in cardio, strength training, yoga or Pilates. Work solo with a trainer or in a small group.

Barre Sculpt

Use the ballet barre, light weights, isometric exercises and your body's balance to firm, lengthen, lift and sculpt graceful arms, thighs, abs and glutes. This technique is gentle on the joints, but gives powerful results.



GUEST SPEAKER SERIES

Lost Lodges of Rocky Wednesday, June 2, 10:30 AM Dave Lively, Dave Lively Tours and Talks Virtual or In-Person, Tickets \$6

Do you know there once were more than 30 lodges in Rocky Mountain National Park? Envision large resorts with elk and moose grazing in pristine meadows. We will explore the transitions in lodging for visitors to the Park through a search for balance between wilderness and hospitality that is unique to America's first automobile-based national park.

Denver history virtual or in-person tours you don't want to miss! Presented by Kevin Snow with Denver History Tours. Tickets \$6.

Historical Amusements in Denver

Wednesday, June 23, 1:00 - 2:00 PM

Denverites have long had a yearning for getting out and having fun. Whether we're talking about racetracks, amusement parks, "mountain" beaches or vacant lots, we have found a way to party! Join our guest speaker for an exploration of the festive venues of the past as well as the present. Experience the thrills, chills and bombastic spills of Denver's hunt for adrenaline!

Art, Denver Style

Wednesday, July 28, 1:00 - 2:00 PM

Come see the inspirational, fanciful and just plain strange world of art in our Denver neighborhoods! We will explore outdoor art and some hidden gems, starting with the Santa Fe Art District. Watch closely for amazing artwork outside the sacred halls of the Denver Art Museum, outside old garages and industrial spaces turned galleries. View the one and only Denver style of art during this presentation.

Campus Life

Wednesday, August 18, 1:00 - 2:00 PM

There's more to the Denver area collegiate life than an alphabet soup of BAs, BSs and PhDs! Join Denver History Tours for an exploration of metro area university campuses, both large and small, public and private. With breathtaking buildings and significant events reflecting the trends of the years, it's time to learn the history of these landmarks. You won't have to pull an all-nighter for this one.

Malley Appreciation Ice Cream Social - FREE! Wednesday, August 11, 2:00 - 3:00 PM

Come celebrate the Malley Recreation Center on a hot summer day! Enjoy a delicious ice cream sundae with sprinkles, syrups and whipped cream. Sign up at the Malley front desk to attend. We hope you can celebrate with us! Sponsored in part by: Bright Health Care.

Englewood Drive-Thru Eggstravaganza

Thank you to our sponsors and community partners who made this event possible for everyone to enjoy safely!

Developmental **Pathways**

Josh Romaine com/Joshua-T-Romaine)

& Adam Devereaux

Rehabilitative Rhythms PossibleWithMusic.org

South Platte Renew

Texas Roadhouse

Brewablility

Frame de Art framedeart.com Kids Tooth Doc

Dunkin' Donuts

Andy's Frozen Custard ll/US/CO/Sheridan/3505-

Girl Scouts

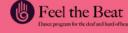
Feel the Beat feelthebeat.dance

CITY OF ENGLEWOOD DEPARTMENTS:

- · Parks, Recreation, Pirates Cove
- South Platte Renew
- Fire Marshall
- Code Enforcement





















\$10/\$8

Drop-In Rates

Daily Group Fitness / Yoga Pass Drop-in not available for Pilates Reformer, Tai Chi for Balance or Group Personal Training Classes.

ERC Fitness Orientation

Ages: 13 yrs +

Learn to correctly operate the Technogym weight machines and cardiovascular equipment in a group setting. Please register at least two days in advance to ensure your place in class. This orientation is a prerequisite for all 13- and 14-year-olds wishing to utilize the weight and cardiovascular areas within the Recreation Center. Location: ERC

| 6/12 | Sa | 9:00 - 10:15 AM | FREE | 32253511 |
|------|----|-----------------|------|----------|
| 7/15 | Th | 5:30 - 6:45 PM | FREE | 32253512 |
| 8/4 | W | 6:00 - 7:15 PM | FREE | 32253513 |

Personal Training

Get inspired, boost your confidence and accomplish your goals! The benefits of working with a personal trainer include:

- Individualized fitness program specifically designed for you
- · Efficient workout program with innovative ways to improve
- Professional assistance in improving strength, flexibility, posture, endurance, balance, coordination and cardiovascular health
- · Instruction on correct form and technique for cardiovascular exercise and strength training

To schedule an appointment, please call our Personal Training line at 303-762-2678.

| | | Sessions | Fee | Res Fee | | |
|---|-------------------------|----------|-------|---------|--|--|
| | Private | 3 | \$154 | \$123 | | |
| | 60-minute 6 sessions 10 | 6 | \$278 | \$222 | | |
| | | 10 | \$425 | \$340 | | |
| | Private | 3 | \$109 | \$87 | | |
| | 30-minute | 6 | \$210 | \$168 | | |
| _ | sessions _ | 10 | \$325 | \$260 | | |
| | | | | | | |

Small group sessions of 2-3 people are available. Please call the Personal Training line for pricing. *Note: No-shows and cancellations* not made with your personal trainer at least 24 hours in advance will result in loss of the session.

Pilates Reformer and Yoga Personal Training available. See page 52 for more information and rates.

Nutrition Counseling

The registered dietitians on our referral list offer individualized nutritional counseling for all ages. They can assist with weight management, chronic disease prevention, vegetarian and sports nutrition, medical nutrition therapy, women's health issues and pediatric nutrition. Call 303-762-2678 for our Registered Dietitian Referral list.

THE ZONE AT ERC CLASS SCHEDULE

| DAY | TIME | CLASS |
|-----|----------|---------------------------|
| М | 6:00 рм | Ultimate Fitness |
| Tu | 10:00 AM | FUNctional FITness |
| W | 6:00 рм | Burn and Build |
| Th | 10:00 AM | Balance, Core and More |
| Sa | 9:00 ам | Ultimate Fitness |



Classes now in session! Only \$10 per class!

Join Tetro Performance and their certified coaches for a variety of challenging and motivational classes. Be sure to check the front desk or visit TetroPerformance.com/blog for class times and descriptions.



STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 23.

Currently, all movement and fitness classes are held live and virtually. Please register for the instruction type you would like and select the corresponding activity number. The class activity number listed in the guide is only for one type of instruction, so when you register, be sure to confirm your instruction type. Thank you in advance!

Body Weight Boot Camp

Ages: 13 yrs +

ADULT FITNESS

Fire up your metabolism and burn calories. Use your own body weight to create resistance, and to improve strength and endurance. Location: ERC Instructor: Libby Butler

Zumba

Ages: 13 yrs +

Zumba is a Latin-inspired dance-fitness class that combines energizing music and easy-to-follow moves for a fun, effective cardiovascular workout. Rhythms in this class will tone and sculpt your body.

Location: ERC Instructor: Lisa Pope

Pop Pilates

Ages: 13 yrs +

A total body workout that sculpts a rock-solid core and a lean body. Develop strength and flexibility through resistance work using your own body weight and a yoga mat. Class is for all levels.

Location: ERC Instructor: Lisa Pope

NEW Move It or Lose It

Ages: 13 yrs +

Sweat, smile and start the day out right with this early morning movement-based class, a high-energy cardiovascular workout designed to keep your body moving and your heart rate up.

Location: ERC Instructor: Kyle Shisler

Indoor Cycling

Ages: 13 yrs +

Optimum fat burning awaits you on this journey which will simulate varied terrain and drills to give you a great interval workout. Class participants assist with equipment setup and breakdown. Bike pedals compatible with athletic shoes, SPD and Look cleats.

Location: ERC Instructors: Erica Krier (W), Libby Butler (Th)

Essentrics

Ages: 13 yrs +

A low-impact, moving and stretching class with a full-body workout. It is a combination of yoga, Pilates, tai chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility. Location: VIRTUAL Instructor: Paulette Fara-Schembri

NEW Midday Reset

Ages: 13 yrs +

Take a mindful break from your day and unwind tight muscles with a stretch that can be done with no equipment in a small space. Class is for all levels.

Location: ERC Instructor: Kyle Shisler

Zumba Toning

Ages: 13 yrs +

Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles! Dance to great Latin music while toning arms, legs and core... and have fun!

Location: ERC Instructor: Lisa Pope

Fit Body Express

Ages: 13 yrs +

A high-intensity endurance-based workout. Shed fat, define muscle, transform the look of your entire physique and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort – this class is for you!

Location: ERC Instructor: Libby Butler

Barre Sculpt

Ages: 13 yrs +

Use the ballet barre, light weights, isometric exercises and your body's balance to firm, lengthen, lift and sculpt graceful arms, thighs, abs and glutes. It's gentle on the joints but gives powerful results.

Location: BATES *Instructor: Stacy Lochowicz*

NEW Muscle Gaining Functional Training

Ages: 13 yrs +

Focus on building strength and endurance to improve your everyday life by utilizing body weight, dumbbells and resistance bands in this class for all fitness levels.

Location: ERC Instructor: Kyle Shisler

Fitness Fusion

Ages: 13 yrs +

Get the ideal workout with a mix of strength, endurance, balance, coordination, flexibility, power and core stability. TRX Suspension Trainer straps will be incorporated into the workout. Virtual students will need their own straps at home. Straps will be available at ERC.

Location: ERC Instructor: Libby Butler

Pop Pilates

Ages: 13 yrs +

A total-body workout that sculpts a rock-solid core and a lean body. Develop strength and flexibility through resistance work using your own body weight and a yoga mat. Class is for all levels.

Location: ERC Instructor: Lisa Pope

ERC = Englewood Recreation Center, MRC = Malley Recreation Center, BATES = Bates/Logan Park



Currently, all movement and fitness classes are held live and virtually. Please register for the instruction type you would like and select the corresponding activity number. The class activity number listed in the guide is only for one type of instruction, so when you register, be sure to confirm your instruction type. Thank you in advance!

Malley Fitness Orientation

Ages: 55 yrs +

If you are new to the Malley Fitness Center, we suggest attending an orientation. Learn weight room safety, etiquette and receive an introduction to equipment adjustment and proper exercise techniques. This is not a weight training class.

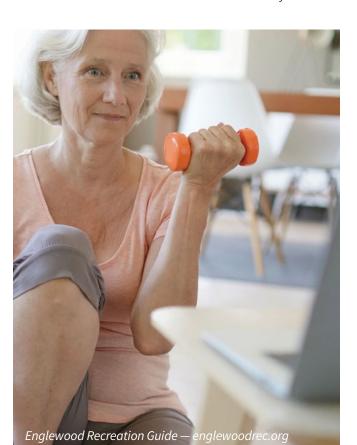
| Location: MRC | | | | Instructor: Cathy Ruper | | | | | |
|---------------|-----|---|-----------------|-------------------------|----------|--|--|--|--|
| | 6/7 | М | 11:00 AM - NOON | FREE | 32263511 | | | | |
| | 7/7 | М | 4:00 - 5:00 PM | FREE | 32263512 | | | | |
| | 8/2 | М | 11:00 AM - NOON | FREE | 32263513 | | | | |

Fitness Club

Ages: 55 yrs +

Improve your level of fitness with low-impact aerobics and flexibility training, followed by strengthening exercises. SilverSneakers welcome.

Location: VIRTUAL Instructor: Stacy Lochowicz



SilverSneakers Classic

Ages: 55 yrs +

Increase strength and range of movement. Handheld weights, elastic tubing with handles, and a ball will be used. A chair is used for support. Class is open to all.

Location: VIRTUAL Instructor: Stacy Lochowicz

Total Body Fitness

Ages: 55 yrs +

Stay fit, agile and active while increasing muscle strength, cardiovascular function, coordination, balance and range of motion in both the upper and lower body. SilverSneakers welcome.

Location: VIRTUAL Instructor: Doug Smith

Step Smart

Ages: 55 yrs +

Focus on walking basics through motion and body awareness. Students learn to improve their gait, posture and balance in a safe and fun community atmosphere. Liz is B.Sc., Certified Exercise Physiologist and International Masters USATF Race Walker.

Location: ERC Instructor: Liz Shepard

Parkinson's, MS & More Fitness

Ages: 55 yrs +

This class incorporates exercises targeting deficits specific to people with Parkinson's Disease or Multiple Sclerosis, stroke recovery or movement disorders by emphasizing strength, balance and flexibility movement that targets dexterity, rigidity, akinesia, bradykinesia, postural stability, cognition and gait. The class includes a head-to-toe seated warmup, followed by unique standing exercises and routines. Participants who use a walker or wheelchair are required to have a caregiver or driver with them during the class. This class is continuous and new participants can join at any time.

Location: ERC Instructor: Liz Shepard

Wellness Insurance Programs = ===

ERC = Englewood Recreation Center, MRC = Malley Recreation Center

STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 23.

| | | ACTIVE A | DULT FI | TNESS | | | |
|------------------------------|-----------|------------|---------|------------------|----------|------|-----|
| Class | Activity# | Dates | Days | Time | Location | Fee | Res |
| ★ Fitness Club | 32260111 | 6/2 – 6/30 | M, W | 9:00 – 10:00 AM | VIRTUAL | \$30 | \$2 |
| | 32260112 | 7/5 – 7/28 | M, W | 9:00 – 10:00 AM | VIRTUAL | \$25 | \$: |
| | 32260113 | 8/2 - 8/30 | M, W | 9:00 – 10:00 AM | VIRTUAL | \$30 | \$: |
| ★ SilverSneakers Classic = 🕸 | 32261011 | 6/2 – 6/30 | M, W | 10:15 – 11:15 AM | VIRTUAL | \$30 | \$: |
| | 32261012 | 7/5 – 7/28 | M, W | 10:15 - 11:15 AM | VIRTUAL | \$26 | \$: |
| | 32261013 | 8/2 - 8/30 | M, W | 10:15 - 11:15 AM | VIRTUAL | \$30 | \$: |
| ★ Total Body Fitness = | 32260511 | 6/1 - 6/29 | Tu, Th | 9:00 – 10:00 AM | VIRTUAL | \$34 | \$: |
| | 32260512 | 7/1 – 7/29 | Tu, Th | 8:30 - 9:30 AM | VIRTUAL | \$34 | \$: |
| | 32260513 | 8/3 - 8/31 | Tu, Th | 9:00 – 10:00 ам | VIRTUAL | \$34 | \$: |
| Step Smart | 32260311 | 6/1 - 6/29 | Tu | 9:00 - 9:45 AM | ERC | \$16 | \$: |
| | 32260312 | 7/6 – 7/27 | Tu | 9:00 - 9:45 AM | ERC | \$16 | \$: |
| | 32260313 | 8/3 - 8/24 | Tu | 9:00 – 9:45 AM | ERC | \$16 | \$: |
| Parkinson's, MS | 32260921 | 6/3 - 6/24 | Th | 1:00 - 2:00 PM | ERC | \$17 | \$: |
| & More Fitness | 32260922 | 7/1 – 7/29 | Th | 1:00 - 2:00 PM | ERC | \$22 | \$ |
| | 32260923 | 8/5 - 8/26 | Th | 1:00 - 2:00 PM | ERC | \$17 | \$: |
| | 32260911 | 6/5 - 6/26 | Sa | 10:45 AM - NOON | VIRTUAL | \$17 | \$: |
| | 32260912 | 7/3 – 7/31 | Sa | 10:45 AM - NOON | VIRTUAL | \$22 | \$: |
| == | 32260913 | 8/7 - 8/28 | Sa | 10:30 - 11:45 AM | VIRTUAL | \$17 | \$: |



NOW OPEN!

Hours: 8:00 AM - 5:00 PM

Located at the Malley Recreation Center, stop in and check out what all the BUZZ is about!

Discover information and resources about transportation, finances, healthcare, senior services, insurance, volunteering, caregiving, housing and recreation.

Call **303-762-2660** for more information or for an appointment.







GENTLE YOGA AND TAI CHI

Tai Chi for Better Balance

Ages: 55 yrs +

Improve your balance while enhancing your agility and coordination with tai chi-based movements. The class format and design have been acknowledged as one of the few evidence-based interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control. Beginning and advanced classes are offered. Advanced class participation must be approved by the instructor.

Location: MRC Instructor: Patty Vogt

Gentle Yoga

Ages: 55 yrs +

Let go of stress through a full spectrum of gentle standing, seated and floor poses. Practice with your body. Get detailed explanations of the poses, with time to listen to your body and focus on your alignment in each pose. Focus more on the breath and practice breath work (pranayama). Finish your practice in Savasana with guided relaxation.

Location: VIRTUAL

Instructor: Erin Mathiason

Light Yoga

Ages: 55 yrs +

For individuals who desire a traditional yoga practice but require modifications for mobility limitations, this class is a perfect fit. Gently ease your way through stretches and poses and feel light on your feet. You must be able to get down and up from the floor. SilverSneakers welcome.

Location: VIRTUAL Instructor: Barbara Meadows

Seated Yoga

Ages: 55 yrs +

Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.

Location: VIRTUAL Instructor: Sky Headland

ACTIVE YOGA AND TAI CHI

Tai Chi Yoga Fusion

Ages: 16 yrs +

Blending the best of both ancient arts, your practice will be filled with gentle, fluid movements, stretches and peaceful poses. Gain physical strength and flexibility, increased energy, inner quietness and more.

Location: VIRTUAL Instructor: Erin Mathiason

Foundations Yoga

Ages: 13 yrs +

Learn the basic yoga poses and breathing techniques. Improve strength, flexibility and stress relief. This is the perfect class for someone with little or no previous yoga experience.

Location: ERC Instructor: Roseanna Frechette

Hatha Yoga

Ages: 16 yrs +

Increase flexibility, build strength, calm the mind and open the heart with hatha yoga. Hatha yoga is a balanced combination of sustained poses with attention to alignment principles and integrated with the breath. Beginners are welcome to attend; this is an all-levels class.

Location: VIRTUAL Instructor: Erin Mathiason

Core Yoga

Ages: 13 yrs +

Improve flexibility, balance and strength, especially in the core to protect the back. Modifications and props available. Appropriate for beginner to intermediate.

Location: VIRTUAL Instructor: Stephanie Turner

| GENTLE YOGA & TAI CHI | | | | | | | | | | |
|---|-----------|------------|-------------------------------|------------------|----------|------|---------|--|--|--|
| Class | Activity# | Dates | Days | Time | Location | Fee | Res Fee | | | |
| Beginning Tai Chi for Better Balance | 32255311 | 6/1 – 8/5 | Tu, Th | 2:30 – 3:30 рм | MRC | \$94 | \$75 | | | |
| Advanced Tai Chi for Better Balance | 32255411 | 6/1 – 8/5 | 1 – 8/5 Tu, Th 1:30 – 2:30 PM | | MRC | \$94 | \$75 | | | |
| Gentle Yoga 🗐 | 32258511 | 6/1 - 6/29 | Tu | 10:30 - 11:45 AM | VIRTUAL | \$40 | \$31 | | | |
| | 32258512 | 7/6 – 7/27 | Tu | 10:30 - 11:45 AM | VIRTUAL | \$31 | \$25 | | | |
| | 32258513 | 8/3 - 8/31 | Tu | 10:30 – 11:45 ам | VIRTUAL | \$40 | \$31 | | | |
| Light Yoga 🗐 | 32258211 | 6/1 – 6/29 | Tu, F | 8:45 – 10:00 AM | VIRTUAL | \$49 | \$40 | | | |
| | 32258212 | 7/2 – 7/30 | Tu, F | 8:45 – 10:00 AM | VIRTUAL | \$49 | \$40 | | | |
| | 32258213 | 8/3 - 8/31 | Tu, F | 8:45 – 10:00 AM | VIRTUAL | \$49 | \$40 | | | |
| Seated Yoga == | 32258311 | 6/1 – 6/29 | Tu, Th | 10:00 – 11:00 AM | VIRTUAL | \$48 | \$39 | | | |
| | 32258312 | 7/1 - 7/29 | Tu, Th | 10:00 – 11:00 АМ | VIRTUAL | \$48 | \$39 | | | |
| | 32258313 | 8/3 - 8/31 | Tu, Th | 10:00 – 11:00 AM | VIRTUAL | \$48 | \$39 | | | |

| ACTIVE YOGA & TAI CHI | | | | | | | | | | |
|-----------------------|-----------|------------|------|-----------------|----------|------|---------|--|--|--|
| Class | Activity# | Dates | Days | Time | Location | Fee | Res Fee | | | |
| Tai Chi Yoga Fusion | 32255511 | 6/7 - 6/28 | М | 4:00 – 5:00 РМ | VIRTUAL | \$31 | \$25 | | | |
| | 32255512 | 7/5 - 7/26 | М | 4:00 – 5:00 PM | VIRTUAL | \$31 | \$25 | | | |
| | 32255513 | 8/2 - 8/30 | М | 4:00 – 5:00 PM | VIRTUAL | \$40 | \$31 | | | |
| Foundations Yoga | 32256211 | 6/1 - 6/29 | Tu | 5:45 – 7:00 РМ | ERC | \$42 | \$33 | | | |
| | 32256212 | 7/6 – 7/27 | Tu | 5:45 – 7:00 РМ | ERC | \$34 | \$27 | | | |
| | 32256213 | 8/3 - 8/24 | Tu | 5:45 – 7:00 РМ | ERC | \$34 | \$27 | | | |
| Hatha Yoga | 32256911 | 6/2 - 6/30 | W | 4:00 – 5:00 PM | VIRTUAL | \$42 | \$33 | | | |
| | 32256912 | 7/7 - 7/28 | W | 4:00 – 5:00 PM | VIRTUAL | \$34 | \$27 | | | |
| | 32256913 | 8/4 - 8/25 | W | 4:00 – 5:00 PM | VIRTUAL | \$34 | \$27 | | | |
| Core Yoga | 32257111 | 6/5 - 6/26 | Sa | 9:00 – 10:00 AM | VIRTUAL | \$34 | \$27 | | | |
| | 32257112 | 7/3 - 7/31 | Sa | 9:15 – 10:30 AM | VIRTUAL | \$42 | \$33 | | | |
| | 32257113 | 8/7 - 8/28 | Sa | 9:15 - 10:30 AM | VIRTUAL | \$34 | \$27 | | | |







Pilates exercises with controlled movement, improves flexibility, builds strength, and develops control and endurance within the entire body. Throughout the class, the priority is to promote alignment and breathing to develop a strong core, which will help improve coordination and balance. The core, which consists of the muscles of the abdomen, lower back and hips, often called the "powerhouse," is thought to be the key to a person's stability. Our program provides safe modifications that range from beginning to advanced, specific to the participant's goals or limitations.

Our 4-Step Pilates Program takes you from an initial orientation to an advanced level for an additional challenge. This new program will provide a safe, enjoyable, challenging workout for both the new and experienced Pilates participants.

ENGLEWOOD'S PREMIER 4-STEP PILATES PROGRAM

STEP ONE: Essential Pilates Orientation

Ages: 16 yrs +

Explore Pilates! Pilates is a method of exercise and physical movement designed to stretch, strengthen and balance the body. Learn the history and how the Reformer works. Exercises are low impact and may be adapted for individuals of any fitness level. When completed, your instructor will determine which step will be best for you based on your level. Please register in advance. Once complete, the fee from this class will be applied toward the appropriate next Step in the process.

Location: MRC

PILATES PERSONAL TRAINING

Pilates is the perfect exercise for beginners needing one-on-one instruction, experienced exercisers ready for advanced moves, athletes looking to improve performance and individuals in post-rehab following an injury. Each session is 60 minutes.

To schedule, call 303-762-2678 and leave a message requesting either Reformer or mat instruction. Your call will be returned within two business days. Yoga personal training is also available.

| PRIVATE: ONE-ON-ONE | | | | | | | |
|---------------------|-------|----------|--|--|--|--|--|
| | Fee | Res. Fee | | | | | |
| 1 Session | \$59 | \$47 | | | | | |
| 3 Sessions | \$163 | \$130 | | | | | |
| 6 Sessions | \$300 | \$240 | | | | | |

Small group sessions for 2–3 people are available. Please call Personal Training Line for pricing. **Note:** No-shows and cancellations not made with your personal trainer at least 24 hours in advance result in loss of the session.

STEP TWO: Pilates Reformer Principals

Ages: 16 yrs +

In these two private sessions, learn the core principles and concepts of the Pilates method. Once you have completed the private sessions satisfactorily, you may move into the Beginning Pilates Reformer class, and as an extra benefit, receive a \$10 discount coupon on future classes. Call 303-762-2678 to schedule your first private session.

STEP THREE: Beginning Pilates Reformer

Ages: 16 yrs +

Location: MRC

Beginning Pilates Reformer will start you on your Pilates road to success. It is designed for those who have taken at least two sessions of Pilates Reformer Principals or have instructor's permission. *Location: MRC*

STEP FOUR: Continuing Pilates Reformer

Ages: 16 yrs +

Build upon your skills to learn more dynamic exercises. Enroll in Continuing Pilates Reformer upon completion of four months of Beginning Pilates Reformer classes or with instructor's permission. *Location: MRC*



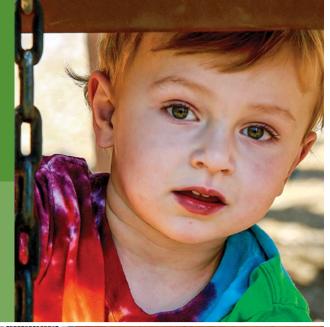
| PILATES | | | | | | | | |
|--------------------------------------|-----------|------------|-------|---|---------------------|-----|---------|------|
| Class | Activity# | Dates | Days | ays Time Instructor Location | | Fee | Res Fee | |
| STEP ONE | 32254111 | 6/2 | W | 6:05 – 7:05 РМ | Michael M. | MRC | : | \$10 |
| Essential Pilates Orientation | 32254112 | 6/28 | М | 6:05 – 7:05 РМ | Michael M. | MRC | | \$10 |
| | 32254113 | 8/2 | М | 6:05 – 7:05 PM | Michael M. | MRC | | \$10 |
| STEP TWO Pilates Reformer Principals | 32254211 | 6/1 - 8/31 | M – F | 8:00 AM – 7:00 PM (Call to schedule) | Michael M. MRC \$86 | | \$86 | \$69 |
| STEP THREE | 32254311 | 6/2 – 6/30 | W | 5:00 - 6:00 PM | Michael M. | MRC | \$80 | \$64 |
| Beginning Pilates Reformer | 32254312 | 7/7 – 7/28 | W | 5:00 – 6:00 РМ | Michael M. | MRC | \$64 | \$51 |
| | 32254313 | 8/4 – 8/25 | W | 5:00 – 6:00 РМ | Michael M. | MRC | \$64 | \$51 |
| STEP FOUR | 32254411 | 6/7 – 6/28 | М | 11:00 AM - NOON | Michael M. | MRC | \$64 | \$51 |
| Continuing Pilates Reformer | 32254412 | 7/5 – 7/26 | М | 11:00 AM - NOON | Michael M. | MRC | \$64 | \$51 |
| | 32254413 | 8/2 - 8/30 | М | 11:00 AM - NOON | Michael M. | MRC | \$80 | \$64 |
| | 32254421 | 6/3 – 6/24 | Th | 11:00 AM - NOON | Michael M. | MRC | \$64 | \$51 |
| | 32254422 | 7/1 – 7/29 | Th | 11:00 AM - NOON | Michael M. | MRC | \$80 | \$64 |
| | 32254423 | 8/5 – 8/26 | Th | 11:00 AM - NOON | Michael M. | MRC | \$64 | \$51 |
| | 32254431 | 6/7 – 6/28 | М | 5:00 – 6:00 РМ | Michael M. | MRC | \$64 | \$51 |
| | 32254432 | 7/5 – 7/26 | М | 5:00 – 6:00 РМ | Michael M. | MRC | \$64 | \$51 |
| | 32254433 | 8/2 - 8/30 | М | 5:00 – 6:00 РМ | Michael M. | MRC | \$80 | \$64 |



Looking for some fun, new activities for your kiddos?

WE'VE GOT YOU COVERED!

Whether your children are at home, online or at school learning, it's important to keep them engaged in fun, new activities. Check out our toddler, child and youth classes today as well as our amazing outdoor play spaces. While these are challenging times for all of us, remember to laugh, play, get out and try something new!



Movement, Dance, Cheer, Tumbling

For toddlers through youth, we're offering fun, virtual movement classes to keep your kids active while they have fun learning something new. Our dance and movement classes are designed to introduce your child to different styles of dance including tap, jazz, hip-hop and ballet. Check out our new cheer program to enhance balance, agility and movement memory.



Family Aquatics

We invite you and your family to try the new aquatics program which includes a more personal setting for learning a new skill. The lessons will look a bit different, including in-the-water help from a family member/additional adult.



Parks, Trails and Greenways

The City of Englewood's parks and open spaces host over 244 acres of fun. With our sunny Colorado weather, you can play in our outdoor amenities nearly year-round. Most of our parks have engaging play equipment for a wide range of ages and abilities. Plus, Englewood has over twenty miles of bike paths that connect to regional trail systems.



REMEMBER, if you have a credit, don't let it go to waste.

Use it for a swim or dance lesson, reserve a lap lane (adults only) or get in a workout.



KidConnections Summer Camp

General Information:

- KidConnections Day Camp sessions are held 6/1 8/13, M F, 7:00 AM 6:00 PM.
- KidConnections Day Camps are a fully licensed day care by the State of Colorado, Department of Human Services, for children 5 years old (who have completed kindergarten) through 14 years old.
- Camp is held at the Englewood Recreation Center.
- Participants must bring their own lunch, snacks and water bottles every day of attendance.
- Camper T-shirts are included with registration.

Check out our website for more information and to register your child: englewoodco.gov/summercamp.

WE'RE COMMITTED TO KEEPING YOU SAFE AND HEALTHY!

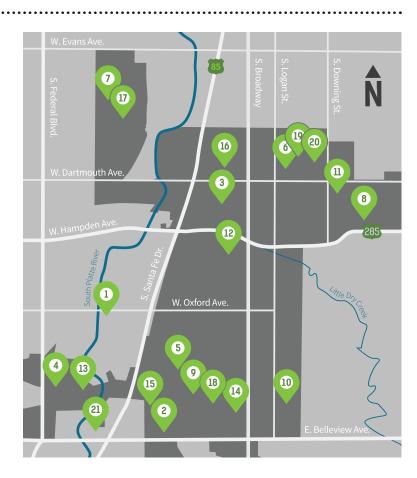
Our goal continues to be providing fun and engaging recreation, fitness and enrichment programs to all members of our community. Thanks to our committed staff and leadership, the Englewood Parks, Recreation, Library and Golf Department has implemented numerous guidelines for all guests that help keep our Englewood community safe.



| ATA GLANCE | BASEBA | BASKET | HALTI-L | OFF-LEA | OPEN SF | PAVILIO | PICKLEB | PLAYGR | RESTRO | SKATEF | TENNIS |
|---|----------|----------|----------|---------|----------|----------|---------|----------|----------|----------|--------|
| BAKER PARK 2200 W. Wesley Ave. | | | | | / | / | | / | / | | |
| BARDE PARK 3150 S. Downing St. | | | | | / | | | | | | |
| BATES/LOGAN PARK 2938 S. Logan St. | | / | / | | | / | | / | > | | |
| BELLEVIEW PARK 5001 S. Inca Dr. | / | / | / | | / | / | | / | > | | / |
| CENTENNIAL PARK 4630 S. Decatur St. | / | / | / | / | / | / | | / | > | | |
| CLARKSON PARK 2795 S. Clarkson St. | | | | | / | | | | | | |
| COLORADO'S FINEST HIGH SCHOOL OF CHOICE 300 W. Chenango Ave. | | ~ | / | | | | ~ | | | | |
| CUSHING PARK 700 W. Dartmouth Ave. | | / | ~ | | / | ~ | | ~ | / | / | |
| DUNCAN PARK 4880 S. Pennsylvania St. | | / | / | / | / | / | / | / | / | | |
| EMERSON PARK 2929 S. Emerson St. | | | | | / | | | | | | |
| JASON PARK 4299 S. Jason St. | | / | / | / | / | / | | / | / | | |
| RIVERRUN TRAILHEAD 2101 W. Oxford Ave. Access to Mary Carter Greenway Trail. "Surf the Platte" on Colorado's only river wave shaper. Learn more at endlesswaves.net/waves/river-run-park. | | | | | • | / | | / | / | | |
| ROMANS PARK 1800 E. Floyd Ave. | | ~ | ~ | | ~ | ~ | | ~ | / | | ~ |
| ROTOLO PARK 4401 S. Huron St. | | | ~ | | / | ~ | | / | | | |



GET OUT AND EXPLORE!



Park and Open Space Area Hours: 7 days a week, 6:00 AM – 11:00 PM.

Park Use Permits: Required for groups of 15+ people who will use the park but do not require a pavilion. Commercial use of a park, including individuals or businesses organizing classes or services, requires a Park Use Permit, \$100 permit fee and evidence of additional insurance. No more than four Park Use Permits will be issued to the same group or individual during a calendar year. Call 303-762-2697 for more details about Park Use Permits.

Special Event Licenses: Call 303-762-2490 for Special Event requirements, fees and licenses.

Englewood Farm and Train: Scheduled to open Saturday, May 29! Open daily May 29-Sep. 6, 9:30 AM-3:30 PM. \$2.50 for anyone 2 and older. (Subject to change based on COVID-19 guidelines.)

Athletic Field Use: Athletic fields must be reserved in advance for any organized play or practice. Call 303-762-2697 for field rental information and availability.

Drug and Alcohol Policy: Alcohol and marijuana are prohibited in all Englewood Parks and Open Spaces.

No Smoking: All Englewood parks are smoke- and vape-free.

- 1. RiverRun Trailhead 2101 W. Oxford Ave.
- 2. Belleview Park 5001 S. Inca Dr.
- 3. Cushing Park 700 W. Dartmouth Ave.
- 4. Centennial Park* 4630 S. Decatur St.
- 5. Jason Park* 4299 S. Jason St.
- 6. Bates/Logan Park 2938 S. Logan St.
- 7. Baker Park 2200 W. Wesley Ave.
- 8. Romans Park 1800 E. Floyd Ave.
- 9. Rotolo Park 4401 S. Huron St.
- 10. Duncan Park*
- 11. Barde Park 3150 S. Downing St.
- 12. Miller Fields 3600 S. Elati St.

- 13.Brent Mayne & **Union Fields** 3501 W. Union Ave.
- 14. Colorado's Finest **High School** of Choice 300 W. Chenango Ave.
- 15. Canine Corral 4848 S. Windermere St.
- 16. Englewood **Community Garden** 601 W. Dartmouth Ave.
- 17. Northwest **Greenbelt*** Zuni St. to Pecos St.
- 18. Southwest Greenbelt Huron St. to Bannock St.
- 19. Clarkson Park 2795 S. Clarkson St.
- 4880 S. Pennsylvania St. 20. Emerson Park 2929 S. Emerson St.
 - 21. Big Dry Creek **Trail Access** 4700 S. Wyandot St.

*Off-Leash Areas

DOGS IN YOUR PARKS

Please pick up after your dog and follow posted guidelines so everyone can enjoy your parks at all times.

Canine Corral: 4848 S. Windermere St. Open daily from 6 AM-11 PM. Dogs must be under voice command at all times and have current vaccinations. Additional requirements can be found online.

*Off-Leash Areas: Dogs may be off leash and under voice control during posted hours at Centennial Park, Duncan Park, Jason Park and Northwest Greenbelt.



Dogs must have current vaccinations and remain out of playgrounds, pavilions and athletic fields. Visit englewoodco.gov/offleash for additional information.

Park use and pavilion reservations will follow the most up-to-date health guidelines. Visit englewoodco.gov for details.

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The City of Englewood 1000 Englewood Parkway Englewood, Colorado 80110 303-762-2300 www.englewoodco.gov PRSRT STD U.S. POSTAGE PAID Englewood, CO Permit No 534





ENGLEWOOD FARM & TRAIN OPENS MAY 29!

5001 S. Inca Dr. • 303-798-6927

Open daily, 9:30 Aм – 3:30 РМ • \$2.50 per person (under 24 months free)